



MY AUTISM BINDER

Updated and Cole's Notes

Alahnaa Campbell 2 days ago 2 min read

Example of Esogetic Treatment for family of child with sensory processing, adhd, possible autism

Every situation will be different. I share this from my teacher's experience of working with a family where the child may have autism.


PARENTAL HISTORY

MEXICAN AND WAS FROM A CARTEL FAMILY. HE WAS ABANDONED AND ESCAPED TO THE USA AT 18 YEARS OF AGE. HE HAS 10 YEARS OF ALCOHOLISM AND STILL STRUGGLES WITH PTSD, ANXIETY, INSOMNIA AND JAW TENSION. HIS WIFE WAS ACCIDENTAL AND HE REJECTED HER THREE YEARS. THEY ARE GRADUALLY FORMING A NEW LIFE IN COSTA RICA.

OTHER THERAPY

- BASIC PRENATAL WORK WITH WELCOMING
- ATTACHMENT UNHOOK THE ANCESTRAL TIE
- MOTHER/FATHER
- BRAIN COORDINATION
- TO CLEAR THE RESIDUES: METABOLIC THERAPY WITH STOMACH/PA

BEFORE TREATMENT



- LEFT LATERALITY IN UNDER AGE 10 YEAR
- SHOEN COMES ON LEFT FEET/TOES PROTRUDING AND 3RD FINGER ALSO PROTRUDING (EPILEPTIC TENDENCY) BOTH ONCE
- LEFT HAND FINGER IS VERTICAL AND NOT CARRYING A LOT
- LEFT AND RIGHT GET PREDOMINANTLY WELLS CHANGE BOTH FEET
- MESSY/CHYTAL TOE IMPROVES HIS TOE STRESS IN THE COME COMPOUNDED BY IT WILL CLEAR ONCE IT


The mother of the child does the treatments herself, and the father of the child also needed considerable treatment, in order to shift to the person and father that he wanted to be. Here is their current prescription for this child (but as you can see from the slides, they tried other treatments before too):

DNA OGT PRESCRIPTION FOR AN AUTISTIC CHILD

1. **Basic Bardo** for the issue of not being welcome. Only stroke the lines and don't use the points. Use Rose. Treat 3x, once per week.

In-spired: IVF, autism, and helping people heal (yourlifeplan.ca)

Staples



After treatment, her left eye (which does not communicate with her brain without her glasses) was still turning in, and her right eye seemed to be moving spastically in a panic. Master Yan did some more work, and found this area had a lot of congestion. He asked that she look straight at him while he did the work, and in a couple minutes both eyes started moving together, no spastic movement, no turning in.

Our child remained very happy with the treatment, was brave enough to order her own food at a store, got a high score on a shooting game, and was able to soothe herself when she got scared and angry. She said she was able to shift from being mean to being helpful. Master Yan said "she is able to do all that because now she can see, it's very scary when you can't see". And I can just picture her neuro-optometrist, and how unhappy she was with us, for not completing her protocol, because mainstream always believes "it's their way, or the highway". But, you know, I kind of like the higher consciousness way. And our daughter said she is very happy she went to see Master Yan.

Hubby also saw Master Yan, and agreed with Master Yan's assessment, felt a bit was willing to wear the speaker to solidify the treatment.

Side note: I found a better way to explain the "speaker for 48hrs after your session", as so many complain when their speaker dies before the 48hr mark. Everyone wants every inch of what they feel they paid for, not realizing when enough is enough. It's the sad world that we live in, there is very little gratitude and trust. So,

3rd child - no part of skin presentation

How these kids do after treatment:

- 1) A non-verbal autistic child who has seen Master Yan about 4 times, started to behave more gentle and kind to his mom after the first couple visits. He would still touch things that were not his with curiosity, but no aggression when asked to give these items back. After 4 visits he is now, for the first time, starting to use his mouth to try to speak. His mother is so relieved to be able to enjoy her son more, because when he suffers less, she suffers less too, it's less work to raise a child who is more at peace. He did experience some fear of bowel movements early on in treatment, but this has been worked out.
- 2) an autistic child, who is more able to communicate with language, discussed more in this article, he had a huge incident when he was dropped off at a program where mom drops off and dad picks up, after his session with Master Yan, where his behaviour escalated to kicking in and shattering the glass portion of a door. However, by the end of the next school week, his teacher sent home a note saying he had a better day (with no aggression) i.e. hitting, as this was something he was doing the week before, prior to seeing Master Yan.
- 3) our middle child (conceived via IVF) woke with a sore stomach around her navel, after her session with Master Yan, common for her. Because I am training in MeridianWork, I knew this area to be the alarm point for the large intestine. Both sides hurt, so I treated them with violet colour light, and I checked the large intestine mu points on her back. The right side was more sore than the left, so I treated right with blue (to relax) and left with orange (to stimulate balance). She went to sleep, and woke a few hours later claiming to be feeling better. But she was acting and sounding like she was about to vomit, and when I shared this observation with her, she said "yes, I feel that way". Then she walked to the bathroom, vomited a few times, rinsed her mouth with water, and then got dressed, did her hair, and had a great day. Master Yan thinks she may be able to go without her strong prescription glasses for a couple months, and then go back to the optometrist and maybe get a lighter prescription. She is very happy to be able to be more kind and to feel proud of what she does.

When we can not (or do not) inhabit our bodies fully, negative energy moves in. Master Yan burps as he treats, when he is able to release this, but some of it we have to push out ourselves.

This is why I think having a plan for how to address detox symptoms after treatment is very important. Happy to discuss this with you, and make some recommendations, if you wish. Because this client is right, many kids (and adults) do need us to be available for them, for a few days, after their session with Master Yan, to help them integrate and not reverse the work: <https://www.yourlifeplan.ca/post/testimonial-for-master-yan-and-restorechi-from-a-mother-and-her-two-kids>

Sending love.

Alahnaa Campbell Feb 18 4 min read


Yin Yang, and the 3rd perspectives

Updated: Feb 19

This is part one in a trilogy, part 2 & 3 can be found here:
Paleontology: past, present, and future
Abandonment, secrecy, privacy, reflection, part of a system verses complete wholeness

...and a follow up to Why would I go see Master Yan, Why would I work with Alahnaa?

Every time I go see Master Yan I understand something more deeply, just like every time I used to take a Douine Healing class, or every time I read a good book, or every time I take another Esoteric/Meridians course...



I am grateful that I was able to witness amazing shifts in the clients that I brought to see Master Yan, and also that my clients don't mind that Master Yan speaks a lot to me when treating them. One client said "him doing this kind of solidifies that he is your client, he is only here every once in a while, he needs you to understand what he is doing, so you can continue to hold space for us while he is away".

This time I saw Master Yan identify and fix yin yang balances left right, top bottom, front back, overall or within an organ.

From Master Yan's experience, autism symptoms can be related to left right imbalance in the brain hemispheres, the cerebellum, and the body. Cerebellum and body imbalance can lead to what some call "stimming" behaviors, which can be called repetitive movements to soothe, as simple as smacking hands, shaking legs, or rubbing an area of the body. These behaviors are an attempt to stimulate balance, and when balance is restored by Master Yan, they lessen, although at first, they may still appear, because the

Alahnaa Campbell Mar 3 8 min read

Eyes and brain, the magic of life is beyond what we can slice and stain - an IVF and Autism callback

Updated: Mar 7

After treating our middle child (conceived via IVF), Master Yan issued a call back for the child he treated with autism, and then he issued a call back for our middle child too.

What he discovered was, the fusion tack he made for all, was not sufficient for our daughter conceived via IVF, because her main issue was in her eyes, not her kidneys and lungs (which are the targets for the fusion speaker). By contrast, the child with autism, rather than having congestion focused around his eyes, had congestion everywhere, but mostly in his brain.

An article about the [crimo vasculature system](#), proposes a physical basis for the meridian system, sharing that the lack of physical representation resulted in acupuncture not being accepted among the medical sciences. The article goes on to talk about the shape of the cells and what makes of the fluid in the system, at which point we get to "who cares?". You miss the point when you drill down too far, and you reach a state where you can no longer explain, when you step out too wide. These are the pillars of autism and ADHD: too close, too far, too focused, too distracted, science, spirituality.

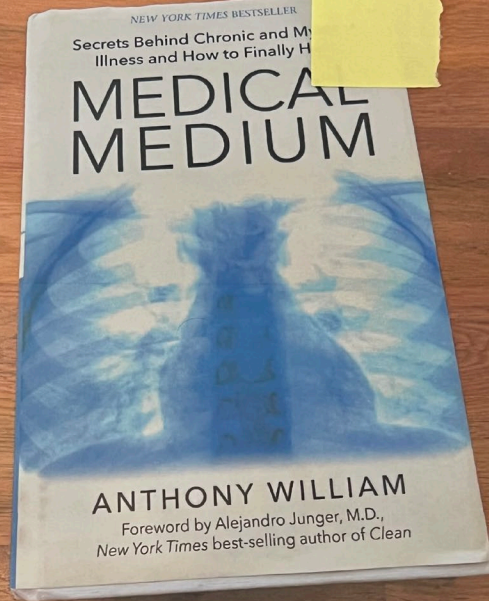
In addition to what was shared in this article, our IVF child's conception was attempted before my period had even returned after having our first child. They claimed that both my tubes were blocked, but who's to say this isn't normal? If the body is not ovulating because it is not ready to conceive another child, why should the fallopian tubes allow dye to pass through them? Does anyone ask any questions at all? Just because science can force the creation of life, doesn't mean they know what they are doing. A child put together with a cascade of synthetic hormones, even with the support of a skilled acupuncturist, to compensate for when the fertility techniques miss the mark, again and again. According to the article linked above, the primo vasculature system, if it is indeed the physical representation of the meridian system, in theory, develops in the first 48hrs following conception. And where is an IVF child at this time? In a lab, not in a womb! And, our IVF child, following an extremely forced conception, was also bathed in growth hormones, after the scientists discovered the eggs were not mature, even though they went ahead and fertilized them anyways.

Blind, lost, scared. [This website](#) hosts a video that speaks to the components of vision beyond what we are consciously attending to, which is slow. The other parts of vision being peripheral and non-visual.

Here is a chapter suggesting that non-smooth eye tracking, which our child conceived via IVF exhibits, is associated with the development of schizophrenia. Which, from a TCM perspective, is a liver issue, combined with yin yang out of balance, with too much yin being associated with hearing voices:

The story behind RestoreChi (yourlifeplan.ca)

staples



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Primitive Reflexes (balancing)

Primitive Reflexes help the developmental growth of the infant in utero and during the first months after birth. These reflexes have a specific time when they emerge and when they integrate. If there is a problem in either aspect it can cause problems later. The Moro Reflex commonly inhibits so people go through their life constantly on alert and reacting to stimuli like sound in a strong reactive way. The same applies to the Fear Paralysis Reflex so they always have an adrenaline running.

linked to how nervous sys
shuts in utero + dev

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Choose a Number 1 to 103

- 1 Accommodation Reflex
- 2 Acoustic Orientation Reflex
- 3 Auditory Moro
- 4 Corneal and Conjunctival Blinking Reflex
- 5 Emergent Moro Reflex
- 6 Gag Reflex
- 7 Leg Cross Flexion Reflex
- 8 Middle Ear Reflex
- 9 Olfactory Reflex
- 10 Pupillary Light Reflex - Contraction
- 11 Pupillary Light Reflex - Dilation
- 12 Spinal cord rhythm generator dysfunction
- 13 Spinal gait generator dysfunction
- 14 Visual Moro Reflex
- 15 Disruption to the emergence of Bonding (45 minutes to 1 hour neonate)
- 16 Disruption to the inhibition of Bonding (8 to 10 months neonate)
- 17 Disruption to the emergence of the Strauss reflex
- 18 Disruption to the emergence of Babinaki reflex
- 19 Disruption to the inhibition of the Babinaki reflex
- 20 Disruption to the emergence of the Transformed Tonic Neck reflex
- 21 Disruption to the emergence of the Stepping reflex
- 22 Disruption to the inhibition of the Stepping reflex
- 23 Disruption to the emergence of the Positive Support reflex
- 24 Disruption to the inhibition of the Positive Support reflex
- 25 Disruption to the emergence of the Babkin response
- 26 Disruption to the inhibition of the Babkin response
- 27 Disruption to the emergence of the Posterior Parachute reflex
- 28 Disruption to the emergence of the Lateral Parachute reflex
- 29 Disruption to the emergence of the Forwards Parachute reflex
- 30 Disruption to the emergence of the Downward Parachute reflex
- 31 Disruption to the emergence of the Extensor reflexes
- 32 Disruption to the inhibition of the Extensor reflexes
- 33 Disruption to the emergence of the Vestibulo-Ocular reflex
- 34 Disruption to the emergence of the Vestibulospinal reflexes
- 35 Disruption to the emergence of the Amphibian Reflex (4 to 6 months neonate)
- 36 Disruption to the emergence of the Asymmetrical Tonic Neck Reflex (18 weeks in utero)
- 37 Disruption to the emergence of the Symmetrical Tonic Neck Reflex (4 to 6 months neonate)
- 38 Disruption to the emergence of the Startle Reflex (37 weeks in utero)
- 39 Disruption to the emergence of the Moro Reflex (2 months neonate)
- 40 Disruption to the emergence of the Fear Paralysis Reflex (32 to 34 weeks in utero)

STAPLES

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 Doctor of Chiropractic

CIRCULATION 90
 [RANGE: GOOD > 70 to 93 = BEST]

15 (L) NECK	R	50
15 (L) BACK	R	50
50 (L) RIBS	R	70
15 (L) ARM	R	15
15 (L) HIP	R	50
15 (L) FOOT	R	15

CONGESTION 10
 [RANGE: GOOD < 14 to 06 = BEST]

15	BLOOD
15	PANCREAS
13	LIVER
13	
15	
15	
15	
12 / 80	

CAPACITY 90
 [RANGE: GOOD > 50 to 93 = BEST]

Pressure pt. 150
 Thyroid .15%

IRON	50
CAL	15 ←
MAG	30
SALT	30
POTAS	50

pituitary gland 50
 blood O2 30
 ch. lining 15
 pt. lung 50
 liver duct
 liver T/P
 adrenal
 without prejudice. Copyright Cl

Eye Analysis: Sclera



Tongue Analysis



Adv. Muscle Testing



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We do not diagnose, we examine...

We do not prescribe, we suggest...

...the bowel formula you are taking by one capsule. For example, if you are taking 3 capsules at breakfast and 3 capsules at dinner and dinner...

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BIRTH TRAUMA - BIRTH RHYTHM

Naturopathy has known for a long time that birth trauma can have consequences in a person's life. Present knowledge this event has to be part of any anamnesis.

Diagnostically we can recognize the birth and potential irregularities related to it in the hand EEA as well as by palpating the quadrant at the tip of the left little finger. The "becoming" as well as the development itself are accompanied by four cornerstones.

Can use as test to determine if Prenatal is helpful or to see general reaction when the prenatal situation is touched.

During the prenatal phase these are:

1. conception
2. 12th week of pregnancy
3. 24th week of pregnancy
4. 38th week of pregnancy



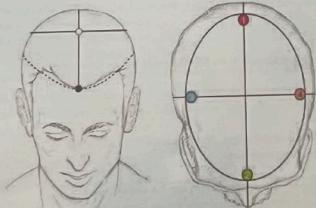
This repeats during birth:

1. rupture of membrane
2. expulsion phase
3. birth
4. cutting of umbilical cord

The idea was to find zones which could influence these four phases. After an extensive search I found the "birth rhythms." The therapy of four points on top of the skull is able to resolve long standing blockages of emotional patterns in order to open the path of reaction. Afterwards it is possible to choose further treatments and to establish an effective therapeutic protocol. We still cannot fathom that at the point of birth the "emotional intelligence" of a human being is absolute and that the new being is basically born into the feeling. Any irregularities during this dimensional shift from "water" to "air" need to be considered as lasting programming, until there is an opportunity to resolve such conditioned patterns.

The Therapy of the Birth Points

The diagnosis is done through the little finger on the left side. Here we can recognize in the radiance of the EEA emission stresses, which can be transferred onto the four phases of birth. The palpation of the tip of the finger give us a hint as well. The treatment points can be found on top of the skull within the neo-cortex line.



Acupuncture/piezo:

- 1 = rupture of the membrane
BETA/CRIMSON
- 2 = expulsion phase
DELTA/LIGHT GREEN
- 3 = birth
ALPHA/LIGHT TURQUOISE
- 4 = cutting of the umbilical cord
THETA/ROSE

Two further conclusions can be drawn from this stress:

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The Four Prenatal Phases

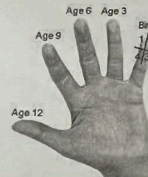
When checking the four phases of the little finger, we always encounter pressure sensitive points on the prenatal line. These four areas are directly connected to the four phases of birth and can be combined with the therapy "birth points." The four points on the skull and the four points on the feet are treated at the same time and we are using the sequence head - left foot - right foot.



- Acupuncture/piezo, then:
- 1 = conception ROSE
 - 2 = 12th week CRIMSON
 - 3 = 24th week LIGHT TURQUOISE
 - 4 = birth LIGHT GREEN

As mentioned previously the stresses of the little finger on the left - projected forward - reflect the four spurts of puberty of the child. In a detailed anamnesis we can recognize psychologically or physically traumatic incidents. Around the ages of 3, 6, 9 and 12 which need to be considered situations of blockage for the whole life. Also a lack of affection during all of childhood shows in the EEA picture of the patients. Thus we can combine the third part of the treatment, the years of life on top of the skull. Diagnostically we are again dealing with the left hand where the five fingers represent the phases.

The Treatment of the Four Spurts of Puberty during Childhood



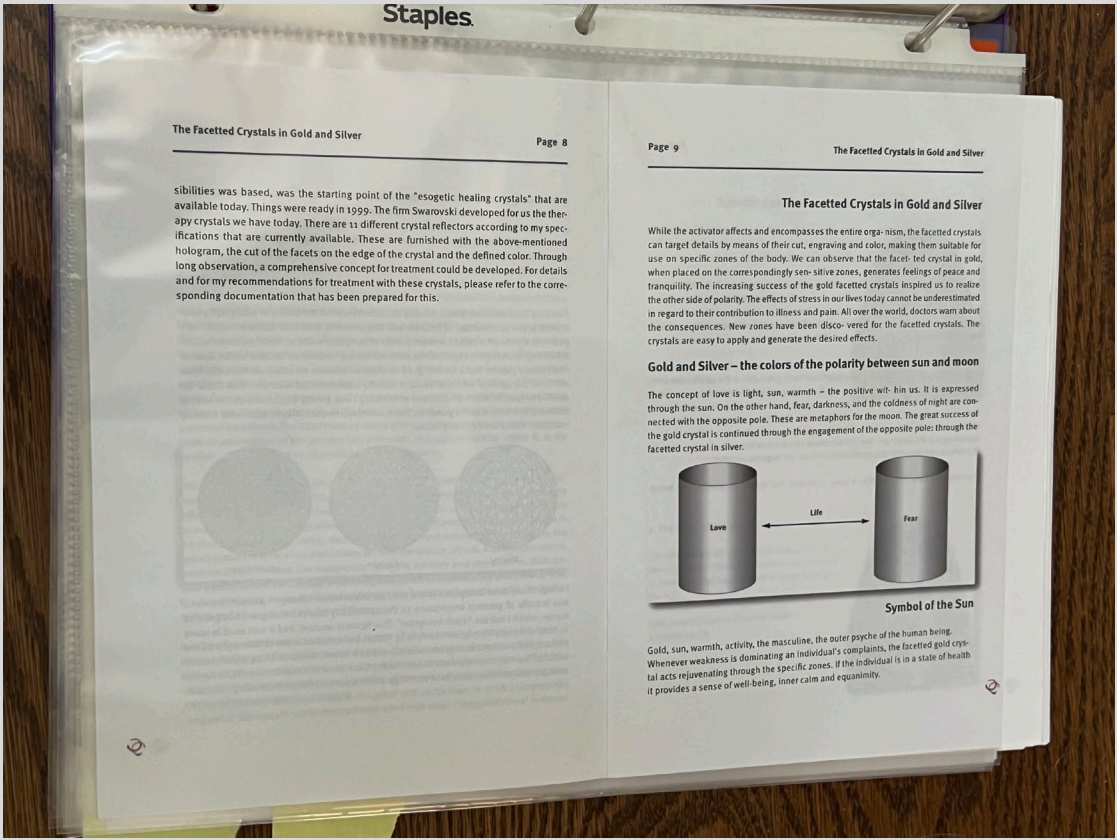
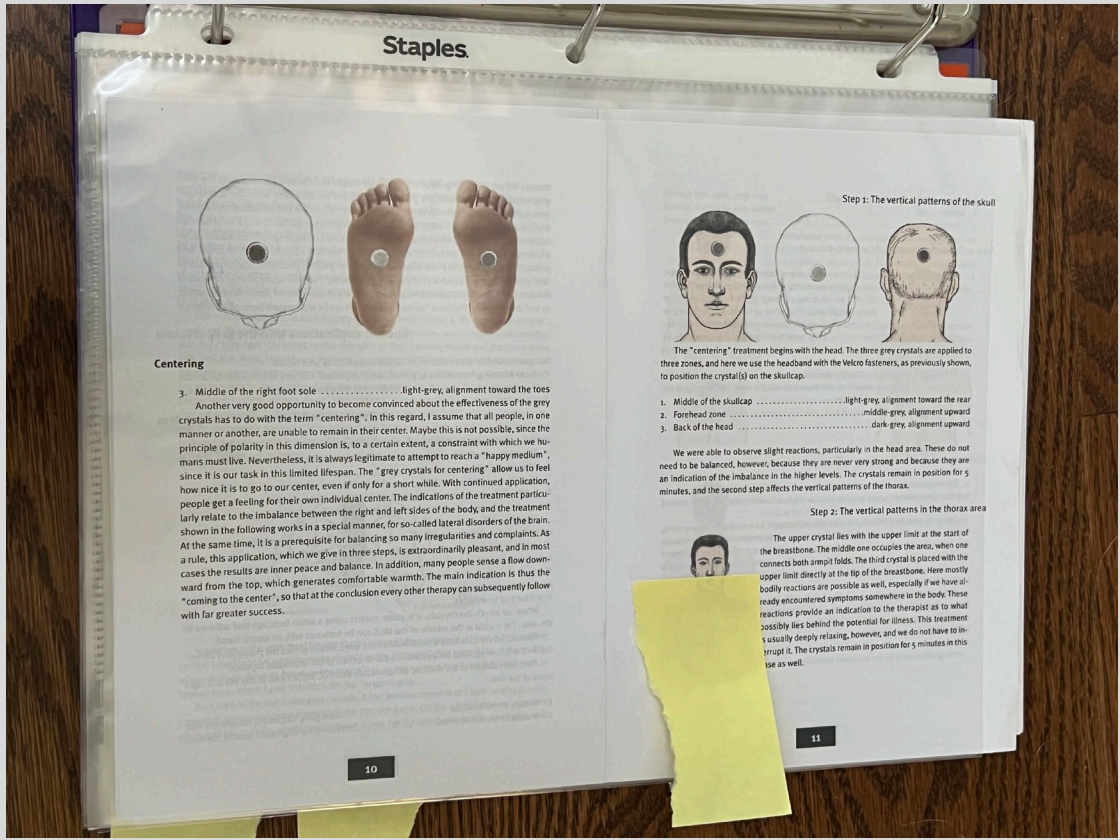
- 1 Birth/prenatal
- 2 Finding a sense of self - age 3
- 3 Awakening of the intellect - age 6
- 4 Manifestation of the child's consciousness - age 9
- 5 Beginning of puberty - age 12

All lateral disturbances of an individual point towards incidents during childhood. In the EEA diagnosis we can identify the blockages through the "specific laterality disturbance."

In that case the fingers of the left side are under more pressure compared to the right. The difference in the size of the emissions between left and right points towards the stressful scenarios of childhood.

As I have said before in the case of a clear diagnosis we can combine the points of the ages with the earlier shown treatments "birth rhythms - prenatal rhythms." In this therapy paying attention to the reactions is even more crucial.

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Esogetic Medicine©

The Facial Color Mask



Esogetic Sound Therapies

Mandel wanted to transpose the energetic effects he had found in Colorpuncture into the area of sound. If natural harmonic oscillation triggers resonance in the body, then harmonious acoustic oscillation will too. Mandel also wanted to influence the energy flow in the body using the laws of musical vibration. Over the past 30 years, he has developed several types of sound therapies.

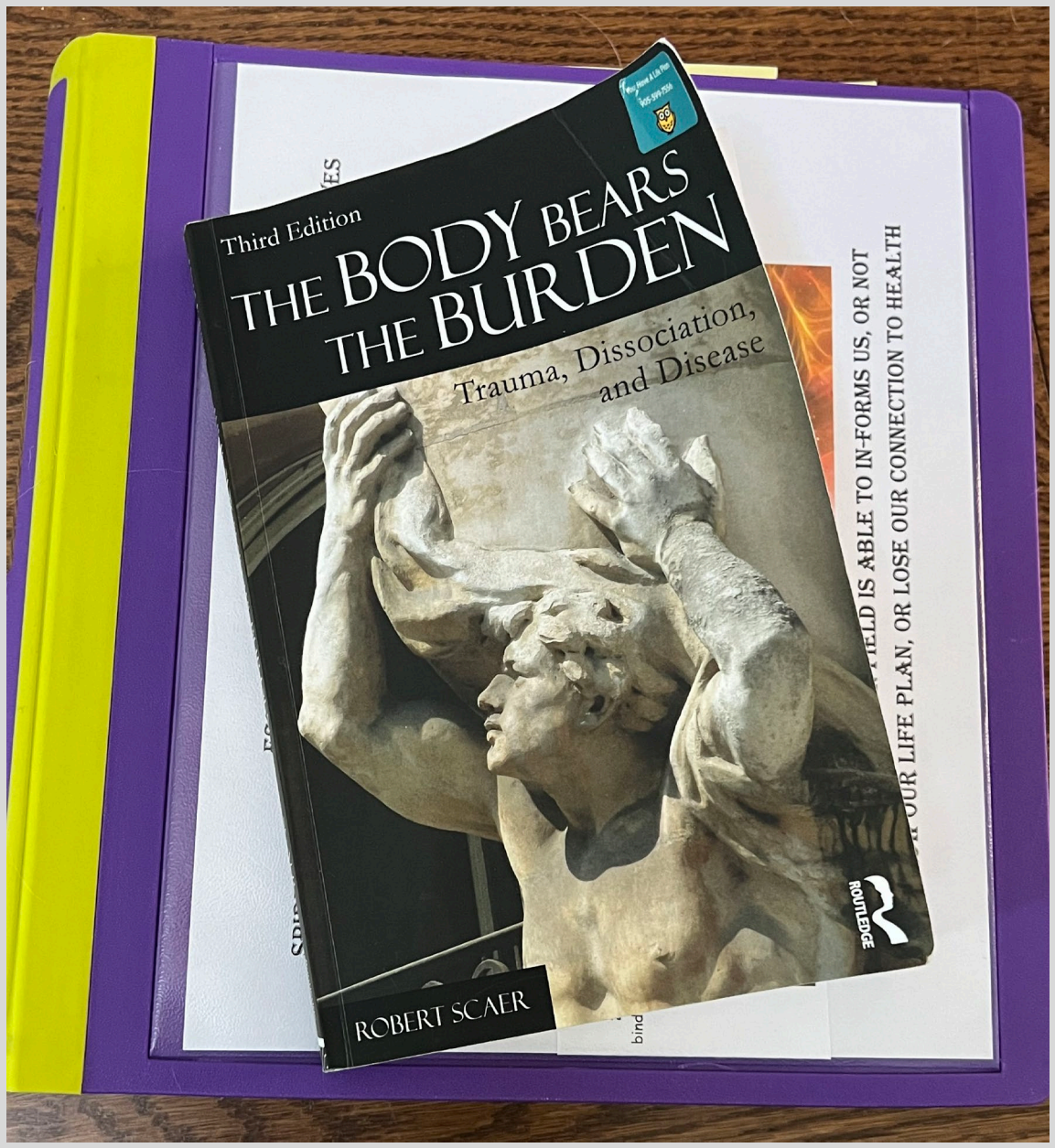
I. ColorSound Therapies: These were the first sound treatments developed. Working with music therapists, Mandel created sequences of sound in frequency areas that correspond exactly to the respective color therapy spectrum. He took into account a) the human cell's resonance response to certain frequencies and b) the energetic polarity of yin and yang -- which he had found in complimentary colors -- but now also found in complimentary sounds.

This unique development team literally translated specific color treatments into sound treatments -- the same patterns of frequencies. A big breakthrough occurred when they found the conversion of complimentary color frequencies into sound frequencies. Each colorsound therapy is a specific therapy for specific symptoms. Structured similarly to the colorpuncture treatments, ColorSound Therapies are applied in the same sequences of sound. The advantage is that the listener is in a deep state of relaxation which "de-cramps" the brain. Sound treatments are well suited to home use and can be used to supplement the your colorpuncture treatments provided by a trained and certified Esogetic Colorpuncture practitioner.

The ColorSound Therapies work especially with the brain and the different parts of the coordination system. This is where the roots of information breakdown occur that later can lead to disease. ColorSound therapies are designed to create certain holographic patterns in the brain and to specifically effect different parts of Mandel's "coordination system" as needed to resolve specific symptoms. For example, the migraine tape helps relax brain cramps and promote reduction of edema in the brain. It works especially on the pituitary, hypothalamus and corpus callosum.

The specific ColorSound CD Therapies are as follows:

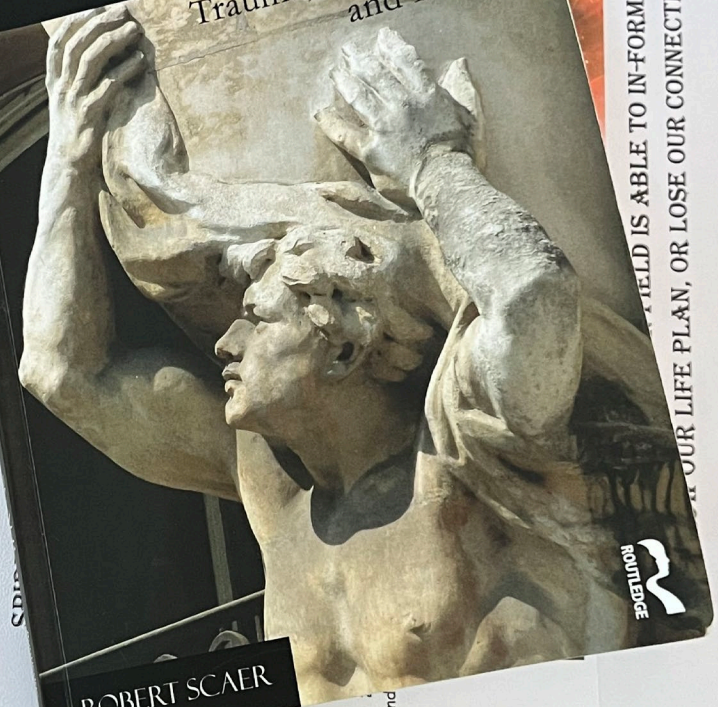
1. Headaches and Migraine Therapy (Kopfschmerzen in German)
2. Psychosomatic Balancing/Stress Relief Therapy (Psychosomatischer Ausgleich)
3. Immune Strengthening Therapy (Aufbau Körper eigener Abwehr)
4. Insomnia and Sleep Therapy (Schlafstörungen)
5. Concentration Therapy (Konzentration)
6. Motivation Therapy (Motivation)
7. Wholeness: Body-Soul-Spirit Therapy (Ganzheit:Körper-Geist-Seele)



Third Edition

THE BODY BEARS THE BURDEN

Trauma, Dissociation, and Disease



ROBERT SCAER

ROUTLEDGE

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OUR LIFE PLAN, OR LOSE OUR CONNECTION TO HEALTH

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