



wrtsoakville



We Rock The Spectrum®  
**KID'S GYM**  
The Rockin' - Learning

# 4TH ANNUAL AUTISM RESOURCE FAIR

**SUNDAY MAY 28**  
**10 am to 3 pm**

**FREE ENTRY**

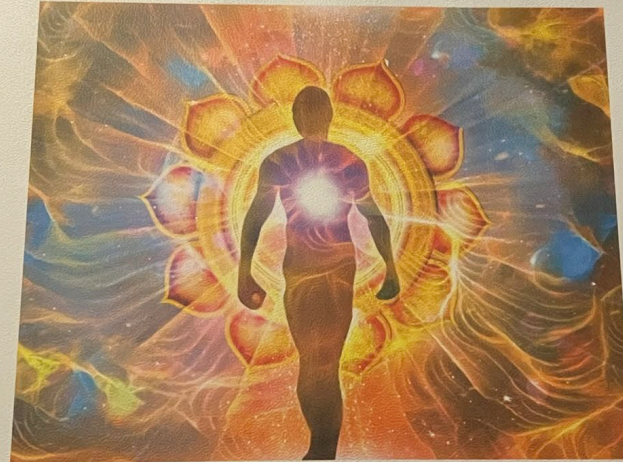
JOIN US FOR LOTS OF FUN!

- WATER PLAY •
- CRAFT STATION •
- MUSIC CORNER •
- SENSORY SPACE •
- VENDORS •
- FACE PAINTING •
- CHARACTERS •
- FIRE TRUCK VISIT •
- and much more!



[WWW.WEROCKTHESPECTRUMOAKVILLE.CA](http://WWW.WEROCKTHESPECTRUMOAKVILLE.CA)  
245 WYECROFT ROAD, UNIT 3, OAKVILLE, L6K 3Y6

ESOTERIC + ENERGETIC = ESOGETICS  
SPIRITUAL WISDOM, GROUNDED IN THE BODY, REFLECTED IN OUR LIVES



THE INFORMATION FIELD IS ABLE TO IN-FORMS US, OR NOT  
FOLLOW OUR LIFE PLAN, OR LOSE OUR CONNECTION TO HEALTH



## Support Their Light ~ A service for parents with sensitive kids



This page applies to parenting, or working with kids in any capacity (grandparent, aunt/uncle, caregiver, teacher, childcare/camp staff, etc). If you are interested in understanding your relationship with your own parents (or partner, coworker, family member, friend, etc) please visit my Relationships Page.

There's a lot of advice out there on how to guide and nurture your child's development. The problem is, not all of it is applicable to every family or child, and to try to keep up with everyone else is mad-making and often makes us worry that there is something wrong with us - which is a recipe for stress-related chronic illness and burn out.

It doesn't have to be this way!

There are ways to gain insight into your child's unique and specific psychology. To see the world through their eyes - how they feel, how others affect them, what they need, and more. We are all very different, so are our kids.

Parents often say "I wish my child came with an owner's manual". They do!

The information available through Human Design, Soul Contract, Gene Keys, and Astrology is extremely valuable and practical to support parents, caregivers, and educators. At the very least, it is an opportunity to have a structured discussion about your child and consider things you may not have otherwise thought of.

Some topics that can be addressed through Human Design and Soul Contract for kids include:

- Their personality and potential red flags

Another way to understand your child's behavior

Has your child been labelled as a "problem child"?



I have questions...

Identifying Red Flags in Kids, using Human Design

The Emotional System - Seen through the lens of Human Design



SIGN ME UP!



"Alahnnaa's Human Design and Soul Contract helped me understand my kids better as well as realize that they are here to help me grow. I also started to see them as independent creative beings. Her advice allowed for me to grow as a mother and a woman. I learned to accept that there were things that were out of my control and work with both my sons on a spiritual level. She helped me solve my younger son's **night terrors** using the Human Design and Soul Contract.

I love learning from her so that my family can live a wholesome happy life."

Nida Zaffar Rizvi

"Alahnnaa's insight into how to better support children in our centre, by focusing on their gifts, has been very helpful in increasing positive interaction.

Michelle Knoll, Executive Director  
Oak Park Neighbourhood Centre

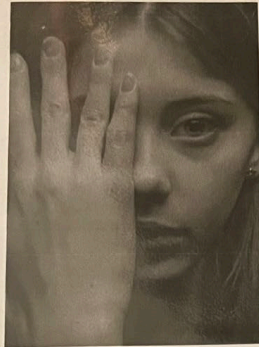
"I recommend anyone reading this, if you have children at any age, to get a reading from Alahnnaa Campbell. She can really provide insight, that is practical and precise. You'll wonder how she could know so much.

Our kids came with a OWNER MANUAL unique to them, and she has the ability to locate your kids' MANUAL and share amazing things that will drastically empower you and your children."

Joseph Zatkial Syverson

"I was facing some challenges with my teen and didn't know where to turn. Going to a Doctor or Counsellor wasn't an option. Alahnnaa offered to do a session keeping my child's Human Design and Soul Contract in mind. I asked my teen if they





## Navigating Autism Spectrum Disorders

I've done readings for a couple of moms who's sons were diagnosed with Autism Spectrum Disorders. They found the information available through Human Design and Soul Contract allowed them to forgive themselves, and it was a relief for them to be able to see their kids from a more normalized perspective.

Like Bipolar, ADHD, Anxiety, or Learning Disabilities, I think we always have a choice in how we approach someone who seems to be more sensitive than others. We can search for a diagnosis and then try to get them to fit into their current reality, using medication and/or accommodations, or we can look for and accept their unique needs, vulnerabilities, and gifts.

Accepting someone for who they are and what they need, can spare them the pain of trying to be someone they are not.

In addition, RestoreChi and Esogetic Medicine offer methods to support people diagnosed with autism to feel more at peace, more grounded, and more able to communicate their needs. See Eyes and brain, the magic of life is beyond what we can slice and stain - an IVF and Autism callback for what can be done with RestoreChi and an Example of Esogetic Treatment for family of child with sensory processing, adhd, possible autism

If you would like to explore this further, go here to book a **free no obligation 15min consultation**.

Here is an article that I wrote on a similar topic:  
- Why do I have such a problem with the diagnosis model?

I have questions...

SIGN ME UP!

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Alahnnaa Campbell 2 days ago 2 min read

## Example of Esogetic Treatment for family of child with sensory processing, adhd, possible autism

Every situation will be different. I share this from my teacher's experience of working with a family where the child may have autism.

### PARENTAL HISTORY

MEXICAN AND WAS FROM A CARTEL FAMILY. VIOLENCE AND ESCAPED TO THE USA AT 18 YEARS OF ALCOHOLISM AND STILL STRUGGLES WITH PTSD, ANXIETY, INSOMNIA AND JAW TENSION. HIS PAST WAS ACCIDENTAL AND HE REJECTED THE CHILD FOR THE FIRST THREE YEARS. THEY ARE GRADUALLY FORMING A BOND. SHE HAS AN ABANDONMENT HISTORY. HER MOTHER LEFT HER AT AGE 6 TO LIVE IN COSTA RICA.

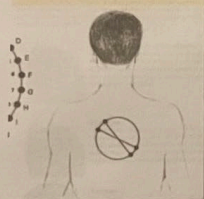
ON 28<sup>TH</sup> 2011  
IS NORMAL BUT THE MOTHER USED ANTIBIOTICS AT THE TIME OF BIRTH. A CYST ON HIS PENIS WHICH HAS CLEARED. A BABY ESPECIALLY AROUND 5PM (KIDNEY BLADDER TIME) WHICH CAN LOOK LIKE A SEIZURE: HIS BODY STIFFENS AND HE DROOLS.  
VIA SLEEP STUDIES SHOW NO RESULTS  
SEVERE EAR INFECTIONS (KIDNEY/BLADDER)  
TREATED WITH ANTIBIOTICS  
DIAGNOSED WITH SENSORY PROCESSING DISORDER: ISSUES WITH FINE MOTOR SKILLS  
HE LICKS HIS NOSE IN A NERVOUS TICK, ALSO DIAGNOSED WITH ADHD  
BUT ALSO HAS LANGUAGE PROCESSING ISSUES: DIFFICULTY FOLLOWING LONG INSTRUCTIONS AND EXPRESSING HIMSELF  
HE SOMETIMES REGRESSES TO BABY SPEAK  
HE HAD BEEN CAUSING ISSUES IN THE CLASSROOM: TEARING UP ASSIGNMENTS, CRAWLING UNDER TABLES, TELLING THE TEACHER HE HATES HER.  
AFTER TREATMENT THAT HE WAS BEING BULLIED.

### BEFORE TREATMENT



1. LEFT LATERALITY: EN UNDER AGE 25 YEAR
2. INNER CORNER ON L.E. FINGERS INDICATIVE AND 3<sup>RD</sup> TRIMESTER ALSO PREDICATE CUD DON'T ONLY COME I EPILEPTIC TENDENCY BIRTH SHOCK
3. LEFT RING FINGER (J VERTICAL AXIS) BODY CARRYING A LOT
4. LEFT AND RIGHT LFT PRENATAL/NOT WELL IMMUNE AND FEAR
5. MESSENGER/MALTRON ESPECIALLY BIG TOE STRESS IN THE CORNE COMPOUNDED BY T WILL CLEAR ONCE T

### THERAPY FOR TRAUMA



- OTHER THERAPY
- BASIC PRENATAL WORK WITH WELCOMING
  - ATTACHMENT UNHOOK THE ANCESTRAL T
  - MOTHER/FATHER
  - BRAIN COORDINATION
  - TO CLEAR THE RESIDUES: MOTHER THERAPIES WITH STOMACH/PANCREAS

The mother of the child does the treatments herself, and the father of the child also needed considerable treatment, in order to shift to the person and father that he wanted to be. Here is their current prescription for this child (but as you can see from the slides, they tried other treatments before too):

### DNA OGT PRESCRIPTION FOR AN AUTISTIC CHILD

1. **Basic Bardo** for the issue of not being welcome. Only stroke the lines and don't use the points. Use Rose. Treat 3x, once per week.

- MALE CHILD BORN JAN 28<sup>TH</sup> 2011
- THE PREGNANCY WAS NORMAL BUT THE MOTHER USED ANTIBIOTICS AT THE TIME OF BIRTH
- BORN WITH A CLEAR CYST ON HIS PENIS WHICH HAS CLEARED
- CHILD CRIED A LOT AS A BABY ESPECIALLY AROUND 5PM (KIDNEY BLADDER TIME)
- HE HAS NIGHT TERRORS WHICH CAN LOOK LIKE A SEIZURE: HIS BODY STIFFENS AND HE DROOLS.
- TESTS FOR SEIZURES VIA SLEEP STUDIES SHOW NO RESULTS
- UNTIL 3 YEARS OF AGE 3-4 SEVERE EAR INFECTIONS (KIDNEY/BLADDER)
- WHICH WERE TREATED WITH ANTIBIOTICS
- AT AGE 3 DIAGNOSED WITH SENSORY PROCESSING DISORDER: ISSUES WITH FINE MOTOR SKILLS
- HE LICKS HIS NOSE IN A NERVOUS TICK, ALSO DIAGNOSED WITH ADHD
- CLEARED FOR AUTISM BUT ALSO HAS LANGUAGE PROCESSING ISSUES: DIFFICULTY FOLLOWING LONG INSTRUCTIONS AND EXPRESSING HIMSELF
- HE SOMETIMES REGRESSES TO BABY SPEAK
- HE HAD BEEN CAUSING ISSUES IN THE CLASSROOM: TEARING UP ASSIGNMENTS, CRAWLING UNDER TABLES, TELLING THE TEACHER HE HATES HER.
- HE LATER REVEALED AFTER TREATMENT THAT HE WAS BEING BULLIED.

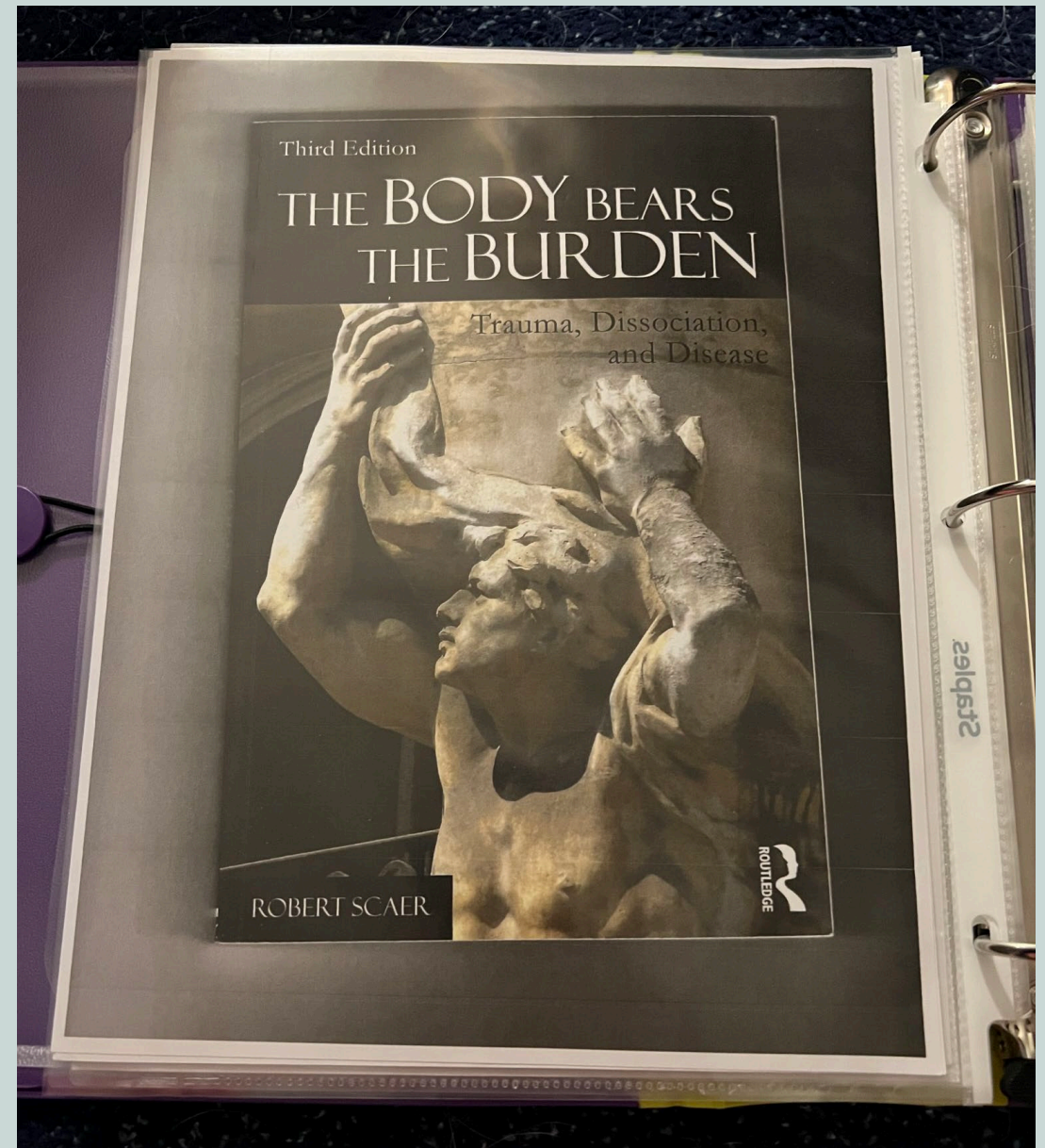
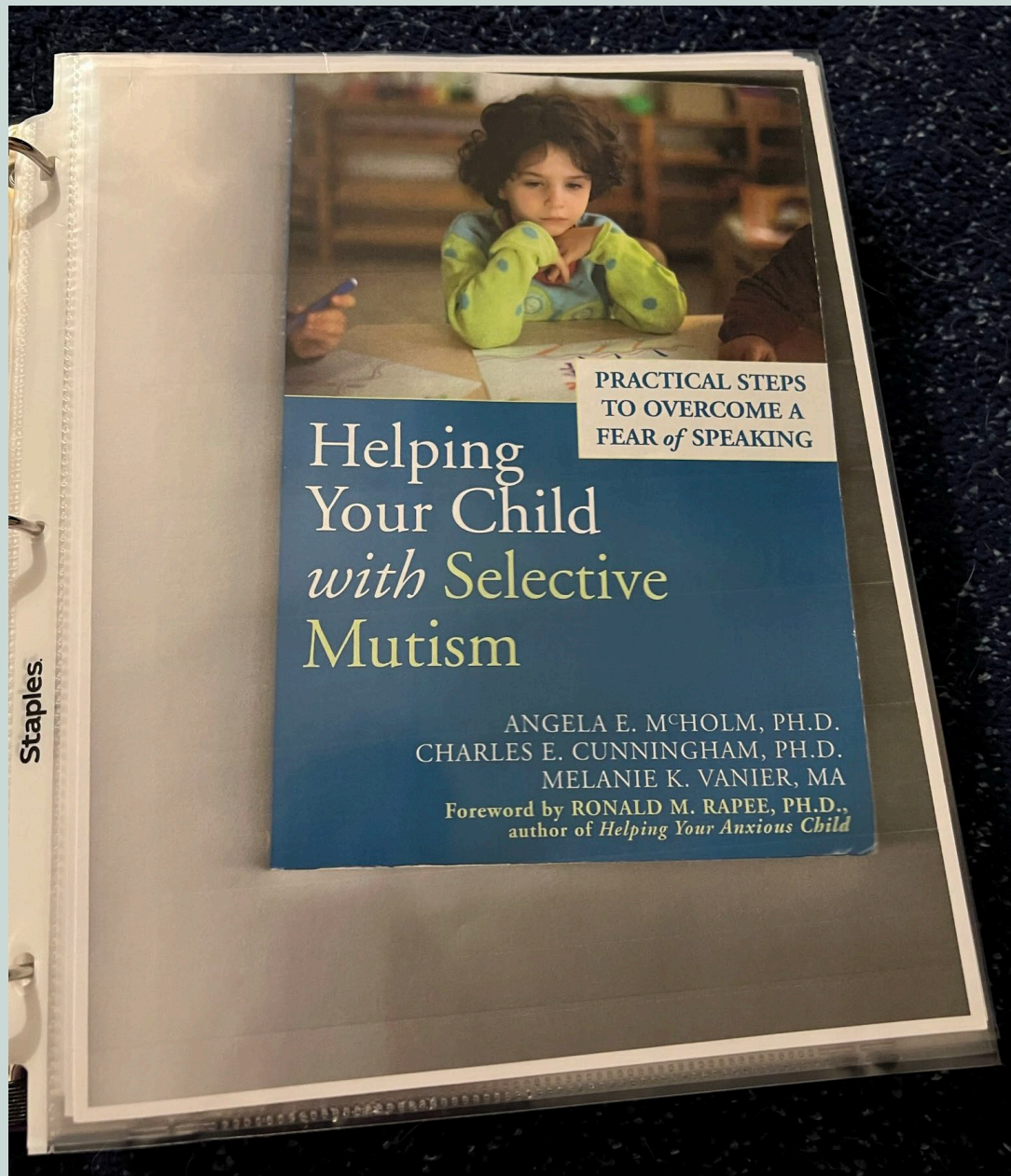


### PARENTAL HISTORY

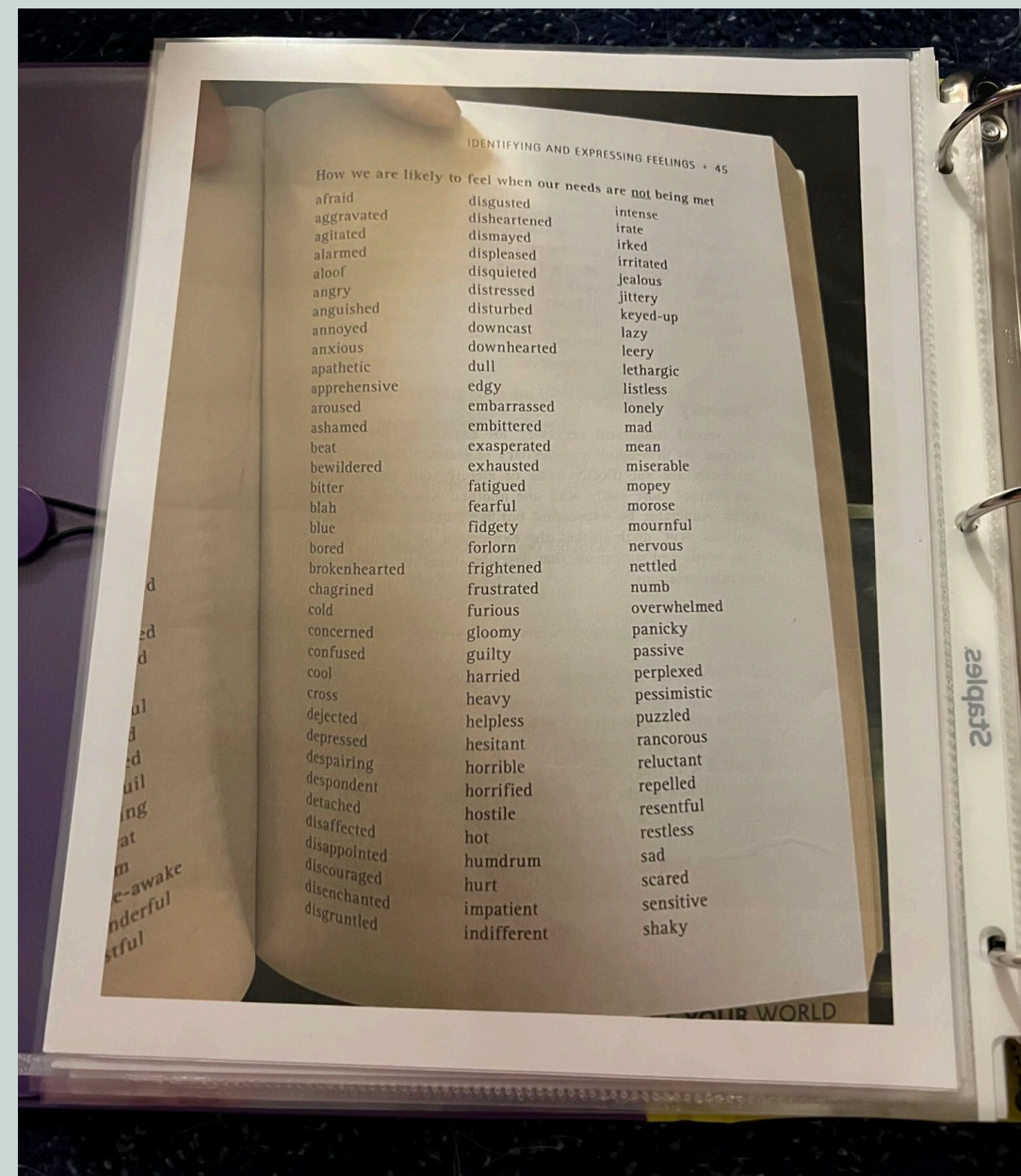
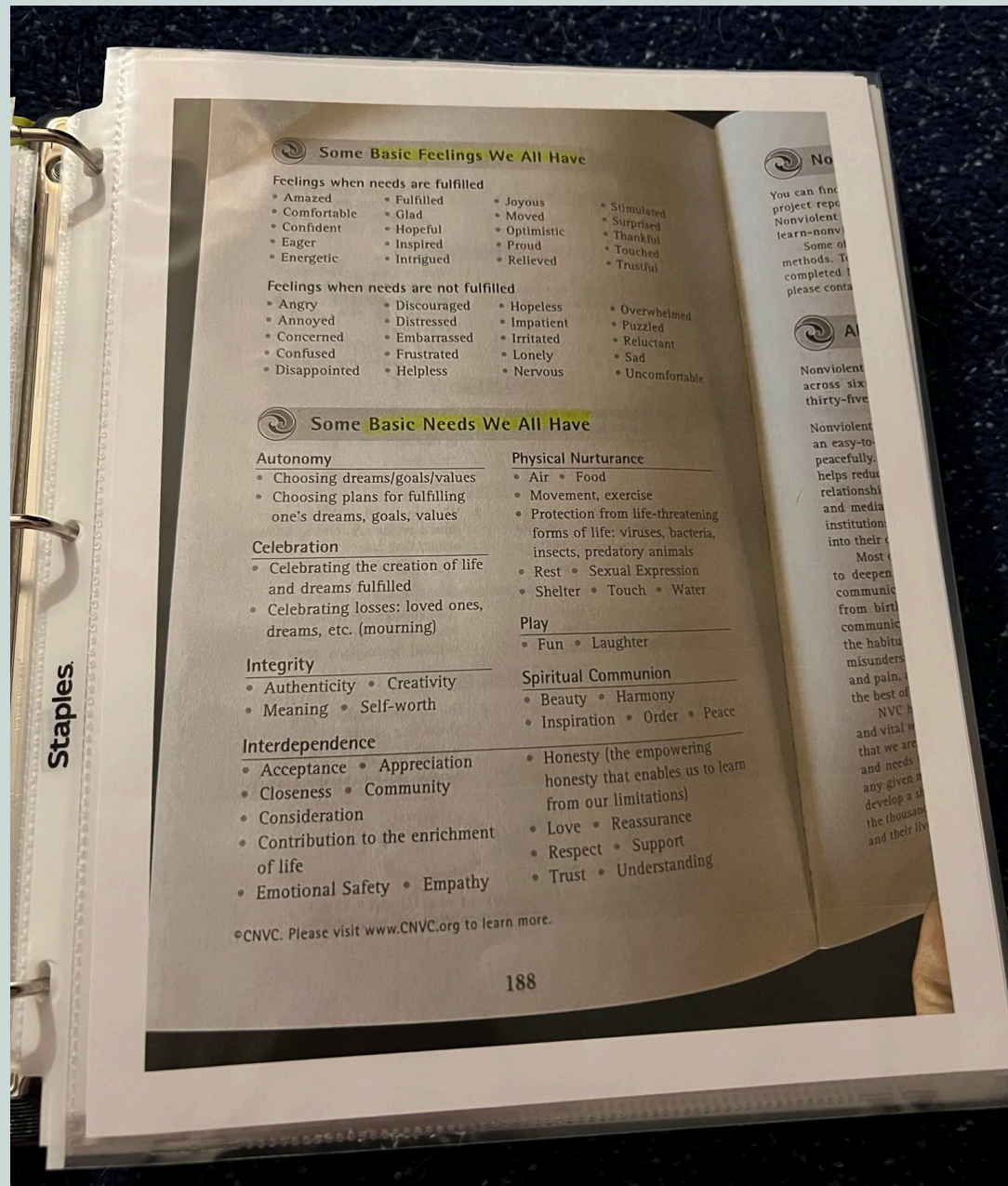
- THE FATHER IS MEXICAN AND WAS FROM A CARTEL FAMILY. EXPOSED TO EXTREME VIOLENCE AND ESCAPED TO THE USA AT 18 YEARS.
- HE SUFFERED YEARS OF ALCOHOLISM AND STILL STRUGGLES WITH IT
- HE HAS SEVERE PTSD, ANXIETY, INSOMNIA AND JAW TENSION
- THE PREGNANCY WAS ACCIDENTAL AND HE REJECTED THE CHILD FOR THE FIRST THREE YEARS. THEY ARE GRADUALLY FORMING A BOND.
- MOTHER ALSO HAS AN ABANDONMENT HISTORY. HER MOTHER LEFT HER AT AGE 6 TO LIVE IN COSTA RICA.







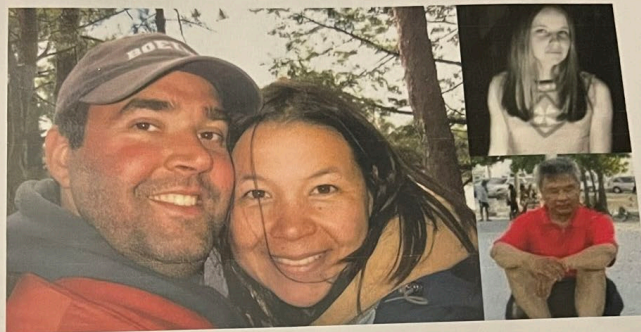






## Improving your relationships

*Wouldn't it be nice to stop holding grudges, to stop wishing someone else would see your point of view and change, to be able to just let things go, and let people be on their own path of growth, without having it affect you so deeply?*



It is very common to see ourselves as being hard done by by our parents, by our significant other, by our extended family, by our in-laws, by our friends, etc.

But when you look at how these pivotal people are designed, and the experiences you came here to learn, you will see that, more often than not, they are playing the role that you need them to play, in order for you to learn what you came here to learn.

In addition, not all of us are aware of our unique design, psychology, needs, triggers, strengths, or our impact on others. Many times people are not even interested in learning about themselves, and we can not change them. Nor is it our job to do so.

But, if we can understand enough about how they are built, to have more compassion for how they act and react, we can see how we contribute to them reacting in a positive or negative way. And when we choose to behave in a more conscious manner, our experience of difficult situations can be a lot lighter. We can choose not to engage in losing battles. We can accept and support our parents, partners, extended family, in-laws, and friends, for where they are at.

Relationships are actually an opportunity for us to work on ourselves. We can do so day by day, with kindness for ourselves, at any pace that we can handle.

If you would like to forgive your parents, in laws, friends, partners, ex-partners for whatever you perceive they may have done to you, and see the bigger picture, of how everyone in our life offers us an opportunity to grow,



\*\* Campbell Family Charts \*\*



**From Fear and Blame  
to Recovery and Play**  
visit [YourLifePlan.ca](http://YourLifePlan.ca)



**You Have A Life Plan**  
Discover how to fully accept yourself  
and your unique strategies for success



**Support Their Light**  
A service for parents with sensitive kids



Genius

My deepest Purpose in life is to manifest the Gift of Anticipation.  
To realise my Purpose I need to transform the Shadow of Indifference.



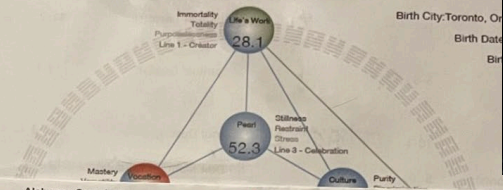
Love

In relationships my greatest challenge is to transform the Shadow of Indifference into the Gift of Versatility.  
The highest expression of my heart is Purty.

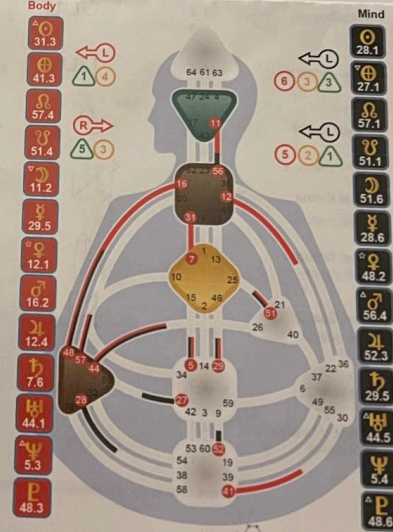


Prosperity

I unlock my prosperity through my Gift of Discrimination.  
I undermine my prosperity through the Shadow of Vanity.  
I thrive best as part of a large network.



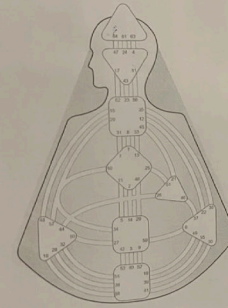
Name: Alahnaa Campbell  
Birth Date (Local): 25 October 1977, 17:45  
Birth Place: Toronto, Canada  
Age: 39 years  
Type: Splenic Projector  
Profile: 1/3 - Investigating / Martyr  
Definition: Single  
Strategy: Wait for Recognition and Invitation  
Themes: Success / Bitterness  
Incarnation Cross: Unexpected 3  
Body  
Design Date: 27 July 1977, 12:50  
Brain: L - Active  
Determination: Calm  
Cognition: Smell  
Environment: Kitchens - Dry  
Environment Style: R - Observer  
Mind  
Mind: L - Strategic  
Motivation: Desire  
Sense: Action  
Trajectory: Leader  
View Perspective: L - Focused  
View: Possibility  
Transferred Motivation: Innocence  
Transferred View: Probability  
Channels: 1156 - Channel of Curiosity  
1648 - Channel of The Wavelength  
0731 - Channel of The Alpha



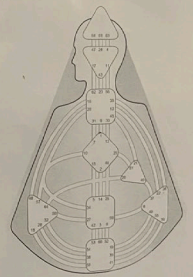
Staples



**Support Their Light**  
A Service for Parents With Sensitive Kids



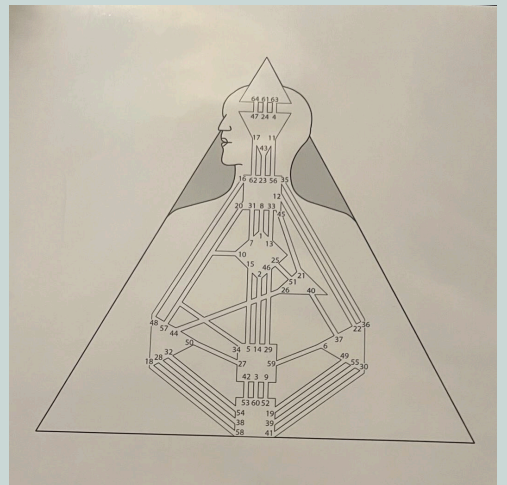
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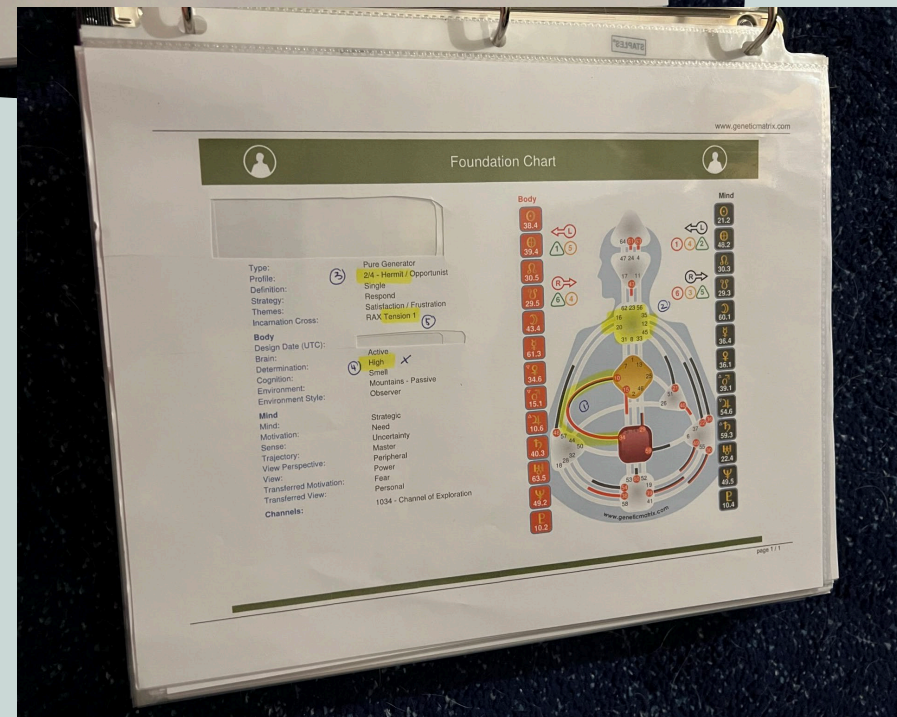
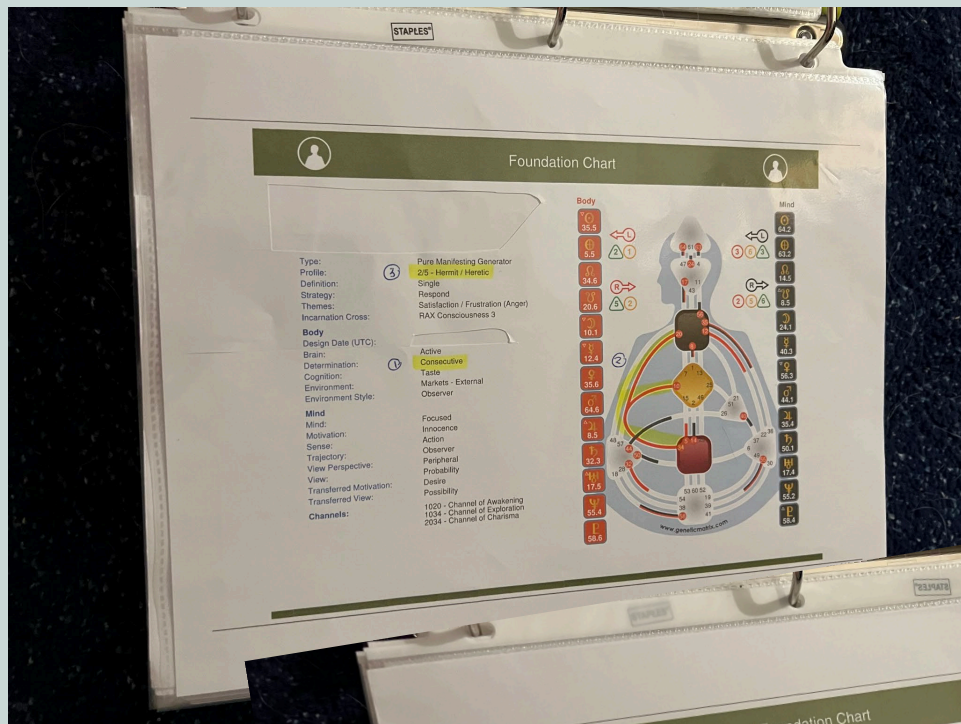
Me

and my...

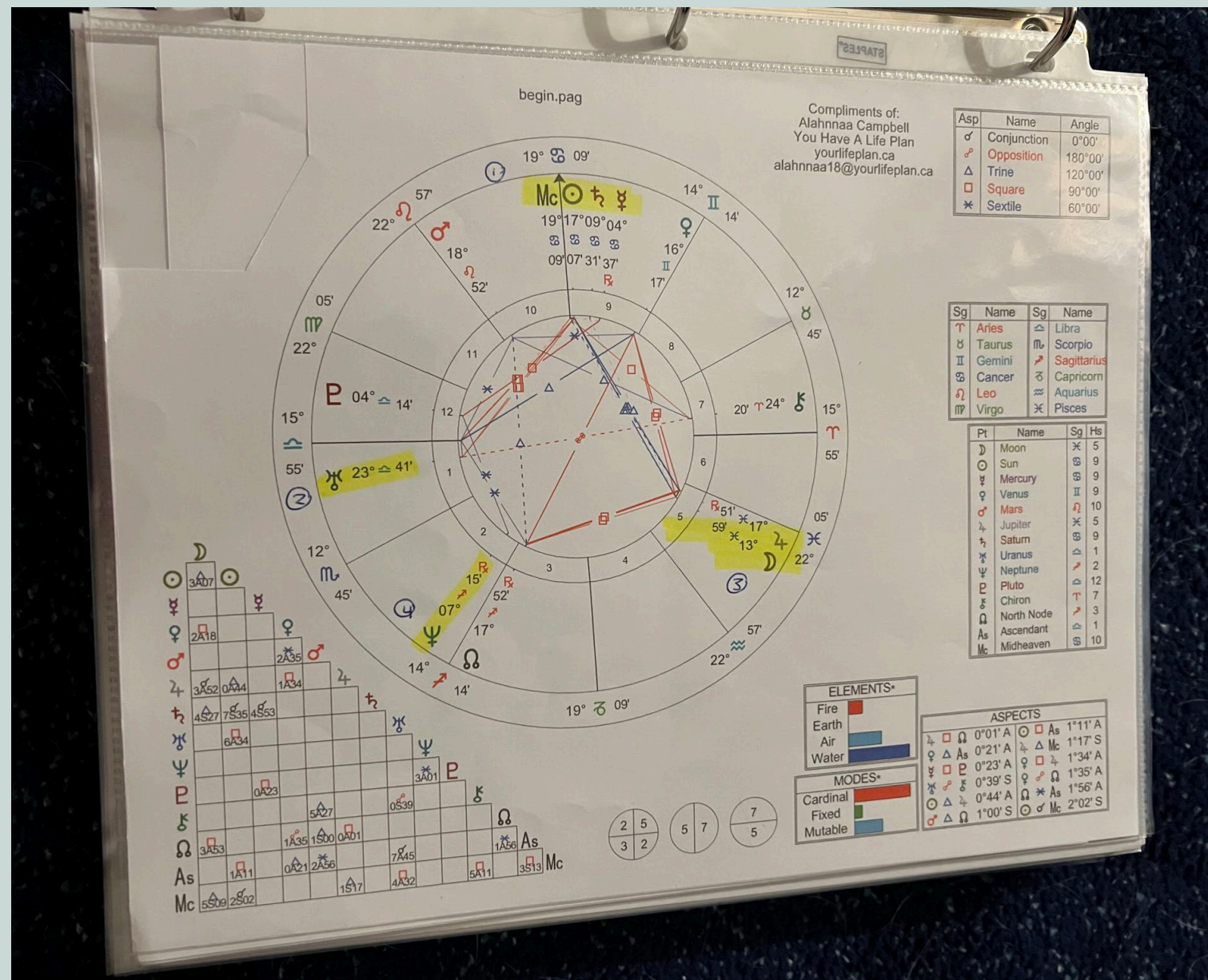
Alahnaa Campbell, MSc Psychology  
You Have A Life Plan - Live Life with Grace and Ease  
[yourlifeplan.ca](http://yourlifeplan.ca)  
alahnaa@yourlifeplan.ca  
905-978-7500



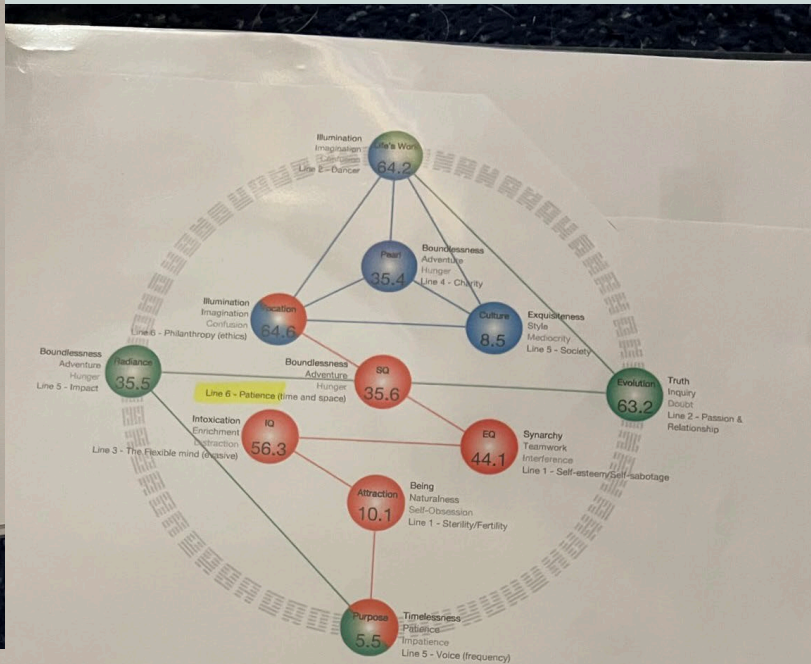
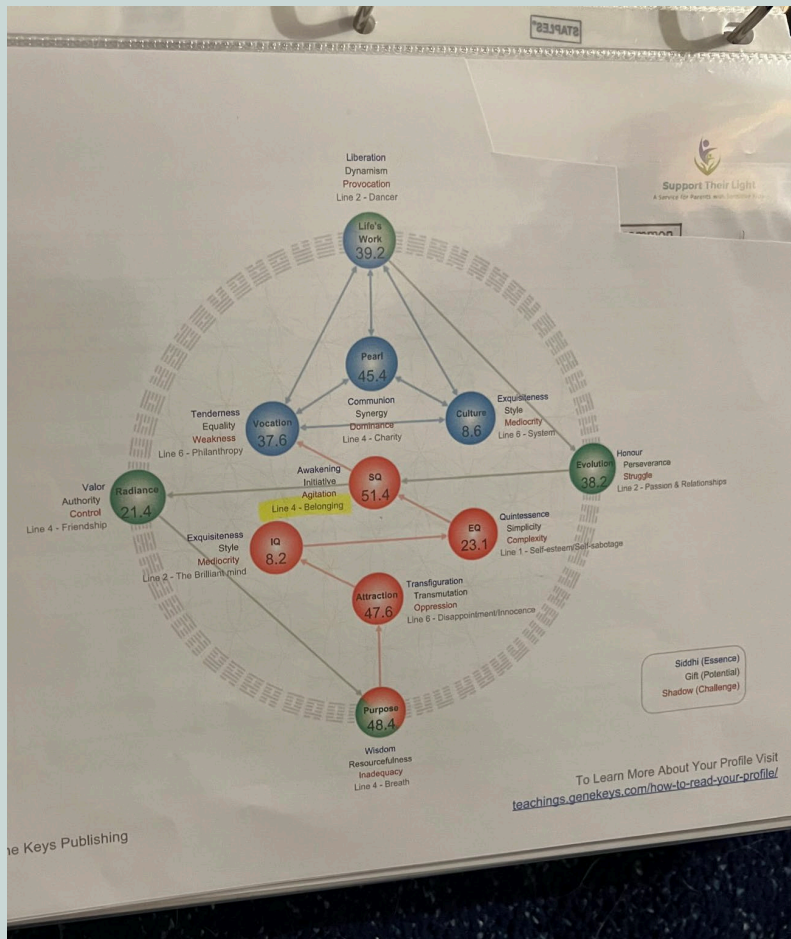












The Siddhi - my essence  
The Gift - my creativity  
The Shadow - my challenge

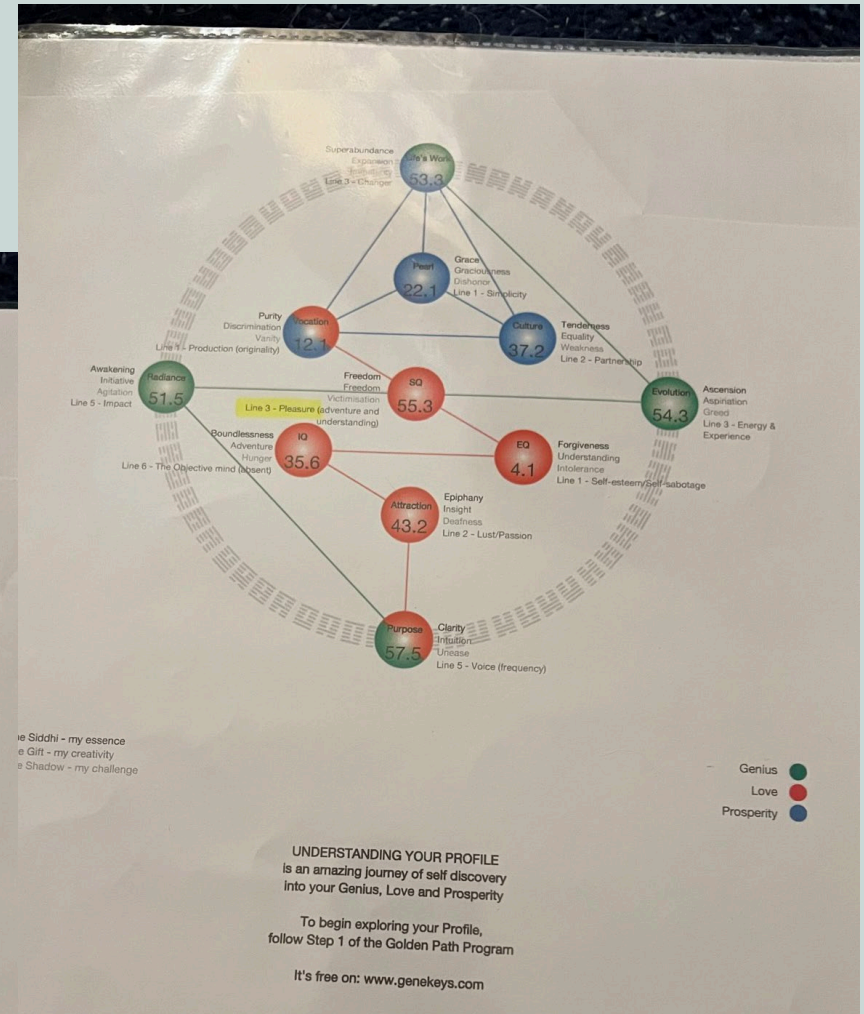
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into your Genius, Love and Prosperity

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follow Step 1 of the Golden Path Program

It's free on: [www.genekeys.com](http://www.genekeys.com)

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My Holographic Profile





**Soul Contract**  
YourLifePlan.ca/soul-contract ~ alahnnaa18@yourlifeplan.ca

Age	Age Known	41	
Birth Sign		Cancer	
Type		Normal	1
Physical Karma	8-8		②
Physical Talents	7-7		
Physical Goals	19-1		
Spiritual Karma	11-2		①
Spiritual Talents	10-1		
Spiritual Goals	20-2		③
Soul Destiny	12-3		④
Dominant Vibration			

**Soul Contract**  
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Category	Birth Name
Age	Age Known
Birth Sign	Cancer
Type	Normal
	1
Physical Karma	19-1
Physical Talents	12-3
Physical Goals	4-4
Spiritual Karma	9-9
Spiritual Talents	11-2
Spiritual Goals	4-4
Soul Destiny	14-5
Dominant Vibration	4

**You Have A Life Plan**  
Live Life with Grace and Ease

**Soul Contract**  
YourLifePlan.ca/soul-contract ~ alahnnaa18@yourlifeplan.ca

**Support Their Light**  
A Service for Parents with Special Kids

Category	younger son	younger son - common	younger son - common nickname
Age	Age Known	7	7
Birth Sign	Virgo	Virgo	Virgo
Type	Normal	5	6
Physical Karma	7-7	22-4	17-8
Physical Talents	9-9	8-8	7-7
Physical Goals	10-1	20-2	21-3
Spiritual Karma	8-8	8-8	9-9
Spiritual Talents	11-2	7-7	12-3
Spiritual Goals	7-7	4-4	11-2
Soul Destiny	7-7	15-6	14-5
Dominant Vibration	7	8	



Alahnaa Campbell May 19 6 min read

## How does a spiritual psychologist get into physical detox? Because it's all the same!!

Updated: Jul 4

So fascinating, in Working-with-the-restorechi-sledgehammer-team I was taught there was two ways to detox: 1) remove the sludge from the bottom of the bucket, and 2) pour the lighter stuff out of the top of the bucket:



...while these pictures aren't a perfect replica for my words, you get the idea.

The RestoreChi sledgehammer removes the sludge, and most other things (like ozone sauna) tips from the top. Both are good and needed.

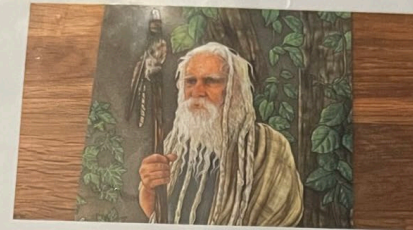
There are also RestoreChi water cards which have multiple uses. Including creating hot baths that draw out dampness (think of the sludgy neurotoxins, dermatotoxins, and viral body casing that gunk up our organs and eventually lead to all kinds of chronic illness labeled as autoimmune or cancer):

"Cancer," 98 percent of cancers, too, will be traced back to a virus in combination with at least one type of toxin.

from:

HOME Book Time Real Life Stories (Blog) Sign-Up Form Find Your Truth Parent/Child Mental Health More

### Outside Referrals



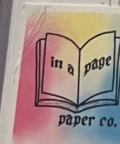
I strongly see the value of using both sides of, not just the brain, but the body and heart.

While I have learned to connect with local organic farms, plant and care for my own herbs, and make the odd essential oil, supplement, or food-based remedy (see How to self-care in an increasingly toxic world), I am not a practitioner in these physical sciences.

My work is more focused using esoteric/traditional concepts (such as Astrology, Gene Keys, Soul Contract, Human Design, Divine Healing, YOU are the Shaman, Esoteric Medicine, Tuning into the Information System, RestoreChi, and more), so my clients can understand their life experiences (including physical symptoms, relationship struggles, and any other frustrations or conflicts), and make choices that are more aligned with their unique life path. Doing so, can also coincide with a return to multidimensional health (if possible).

While most practitioners would direct you back to the medical community, for your physical health concerns beyond their area of expertise (and you should go there, if it feels right for you), here are some other options that can support a return to multidimensional health:

- Detox, Ozone Sauna, Lymphatic Massage, Sequex Mat, Vegan Tips, and more
- Colonic Hydrotherapy
- Medical Medium and Supplements
- Breathwork, Radical Forgiveness, and Women's Groups
- Essential Oils, Reflexology, Food, Education, and more
- A chiropractor gifted in energy, spirituality, moving bones in the skull (for eyes, teeth, brain, sinuses, and more), as well as retained primitive reflexes, who can also act as a primary health care provider
- Guided Meditation and Past Life Regression
- Stimulating Kundalini Rising, maybe?
- Spiritual aspects of body Movement and ALIGN Foundations
- Crystals, Cards, Community, and more at The Mystic Tree



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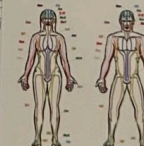
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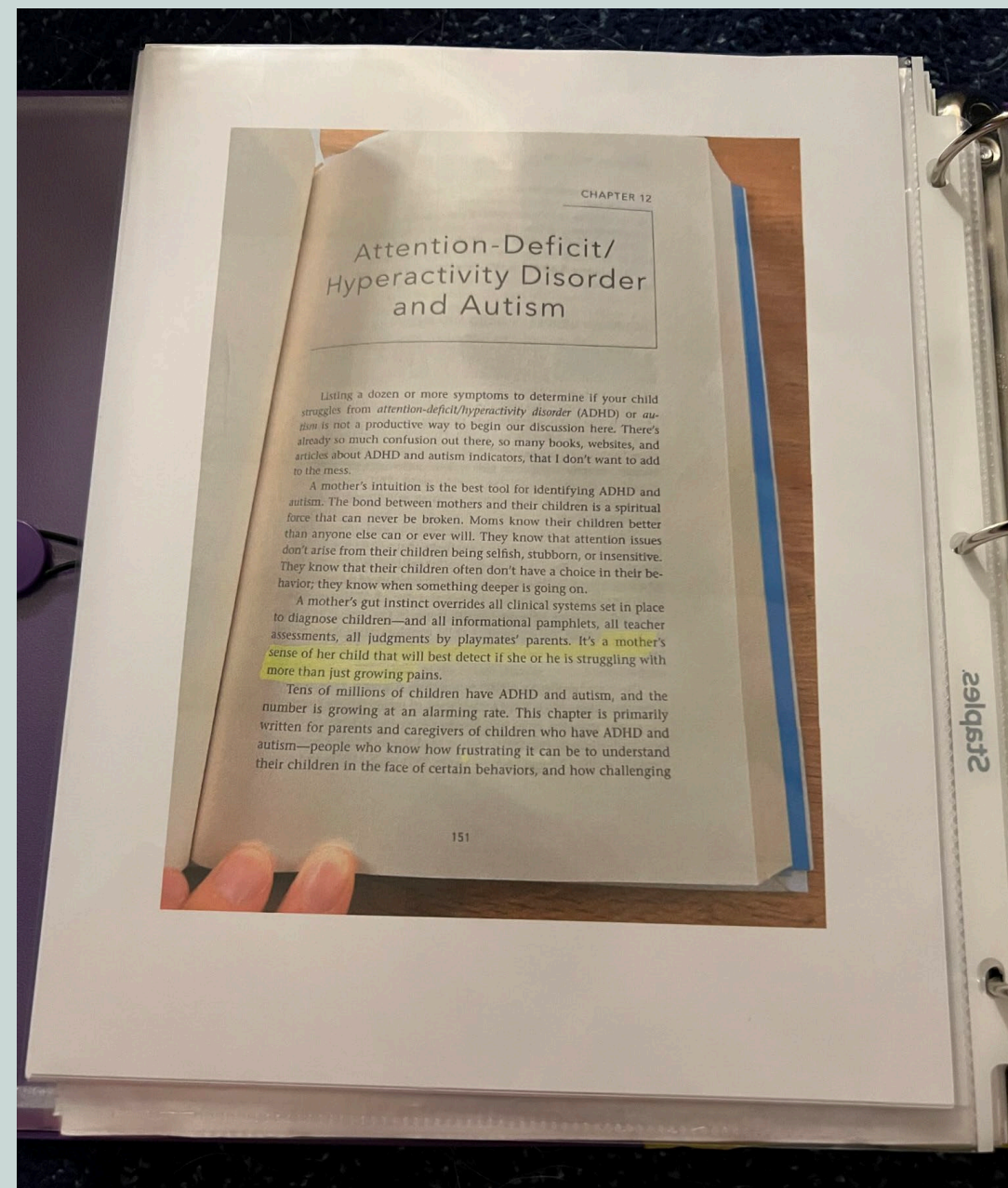
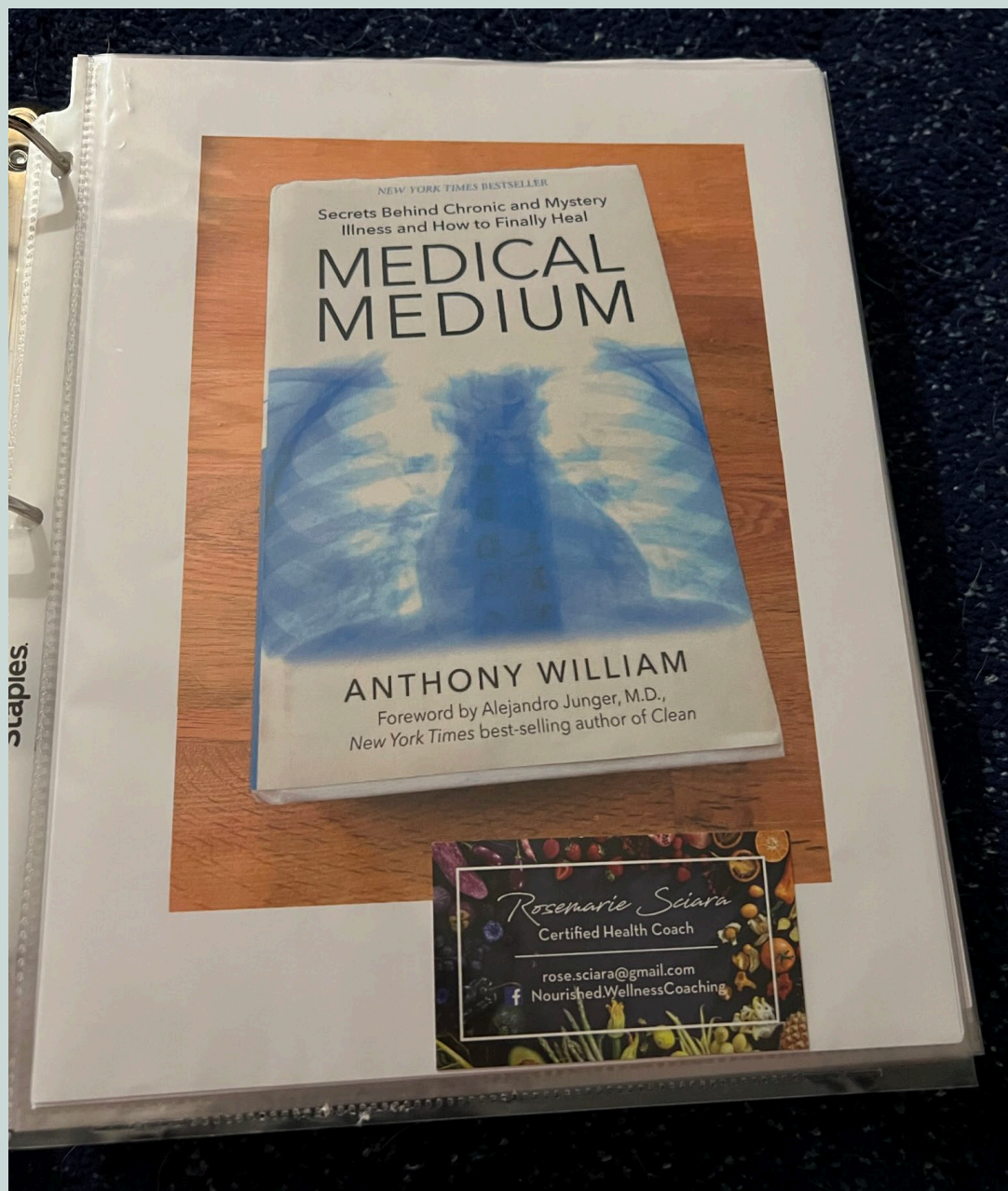
RESTORE CHI

Balanced, Energized, Restored



What is Chi (Qi)?  
Chi (Qi) is your inner life force.  
Traditional Meridian Medicine is an  
Ancient Philosophy proven to restore Chi  
(Qi) to bring the body into a state of  
balanced health.  
Visit [restorechi.com](http://restorechi.com) to find out more.  
RESTORECHI.COM  
info@restorechi.com







## Primitive Reflexes (balancing)

16

Primitive Reflexes help the developmental growth of the infant in utero and during the first few months after birth. These reflexes have a specific time when they emerge and when they inhibit. If there is a problem in either aspect it can cause problems later. The Moro Reflex commonly does not inhibit so people go through their life constantly on alert and reacting to stimuli like sound in a very strong reactive way. The same applies to the Fear Paralysis Reflex so they always have an excess of adrenaline running.

Choose a Number 1 to 103

- 1 Accommodation Reflex
- 2 Acoustic Orientation Reflex
- 3 Auditory Moro
- 4 Corneal and Conjunctival Blinking Reflex
- 5 Energetic Moro Reflex
- 6 Gag Reflex
- 7 Leg Cross Flexion Reflex
- 8 Middle Ear Reflex
- 9 Olfactory Reflex
- 10 Pupillary Light Reflex - Contraction
- 11 Pupillary Light Reflex - Dilation
- 12 Spinal cord rhythm generator dysfunction
- 13 Spinal gait generator dysfunction
- 14 Visual Moro Reflex
- 15 Disruption to the emergence of Bonding (45 minutes to 1 hour neonate)
- 16 Disruption to the inhibition of Bonding (8 to 10 months neonate)
- 17 Disruption to the emergence of the Strauss reflex
- 18 Disruption to the emergence of Babinski reflex
- 19 Disruption to the inhibition of the Babinski reflex
- 20 Disruption to the emergence of the Transformed Tonic Neck reflex
- 21 Disruption to the emergence of the Stepping reflex
- 22 Disruption to the inhibition of the Stepping reflex
- 23 Disruption to the emergence of the Positive Support reflex
- 24 Disruption to the inhibition of the Positive Support reflex
- 25 Disruption to the emergence of the Babkin response
- 26 Disruption to the inhibition of the Babkin response
- 27 Disruption to the emergence of the Posterior Parachute reflex
- 28 Disruption to the emergence of the Lateral Parachute reflex
- 29 Disruption to the emergence of the Forwards Parachute reflex
- 30 Disruption to the emergence of the Downward Parachute reflex
- 31 Disruption to the emergence of the Extensor reflexes
- 32 Disruption to the inhibition of the Extensor reflexes
- 33 Disruption to the emergence of the Vestibulo-Ocular reflex
- 34 Disruption to the emergence of the Vestibulospinal reflexes
- 35 Disruption to the emergence of the Amphibian Reflex (4 to 6 months neonate)
- 36 Disruption to the emergence of the Asymmetrical Tonic Neck Reflex (18 weeks in utero)
- 37 Disruption to the inhibition of the Asymmetrical Tonic Neck Reflex (4 to 6 months neonate)
- 38 Disruption to the emergence of the Symmetrical Tonic Neck Reflex (37 weeks in utero)
- 39 Disruption to the inhibition of the Symmetrical Tonic Neck Reflex (2 months neonate)
- 40 Disruption to the emergence of the Symmetrical Tonic Neck Reflex (32 to 34 weeks in utero)

**ALIGNED  
CHIROPRACTIC**

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## FEAR PARALYSIS REFLEX

- First reflex: emerges 5-7 weeks in-utero and integrates between 9 and 32 weeks.
- Replaced by Moro
- Any disruption carries risk of adversely affecting the integration of all of the remaining primitive reflexes.
- In place to protect the mother and fetus. If a threat is introduced the fetus will experience:
  - Motor paralysis
  - Restricted peripheral blood flow
  - Lowered heart rate
  - Protects the fetus from: Cortisol and adrenaline

96

## SYMPTOMS OF RETAINED FEAR PARALYSIS REFLEX

- Low tolerance to stress
- Constant state of anxiety
- Tends to "freeze" when there is a threat, instead of fight or flee
- Sensory processing issues
- Hypersensitivity to light and sound
- Does not adapt to change well
- Overly clingy
- Extreme fatigue
- Deer in the headlights response
- Selective mutism (not speaking in situations where talking is expected, especially if speaking is already an established ability)
- Holding breath when upset or angry
- Obsessive-Compulsive Disorder (OCD) traits
- Defiant or controlling behavior

97

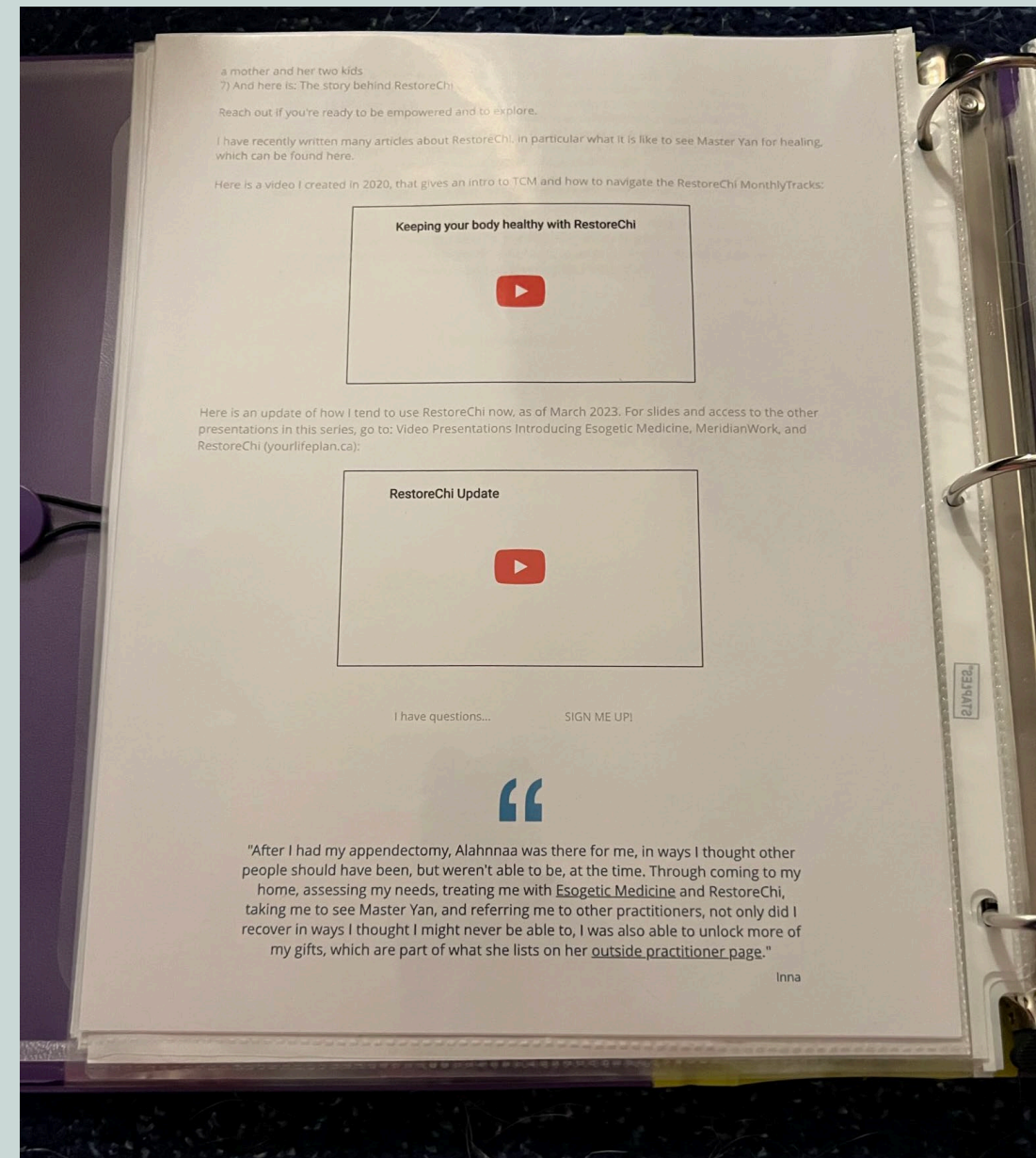
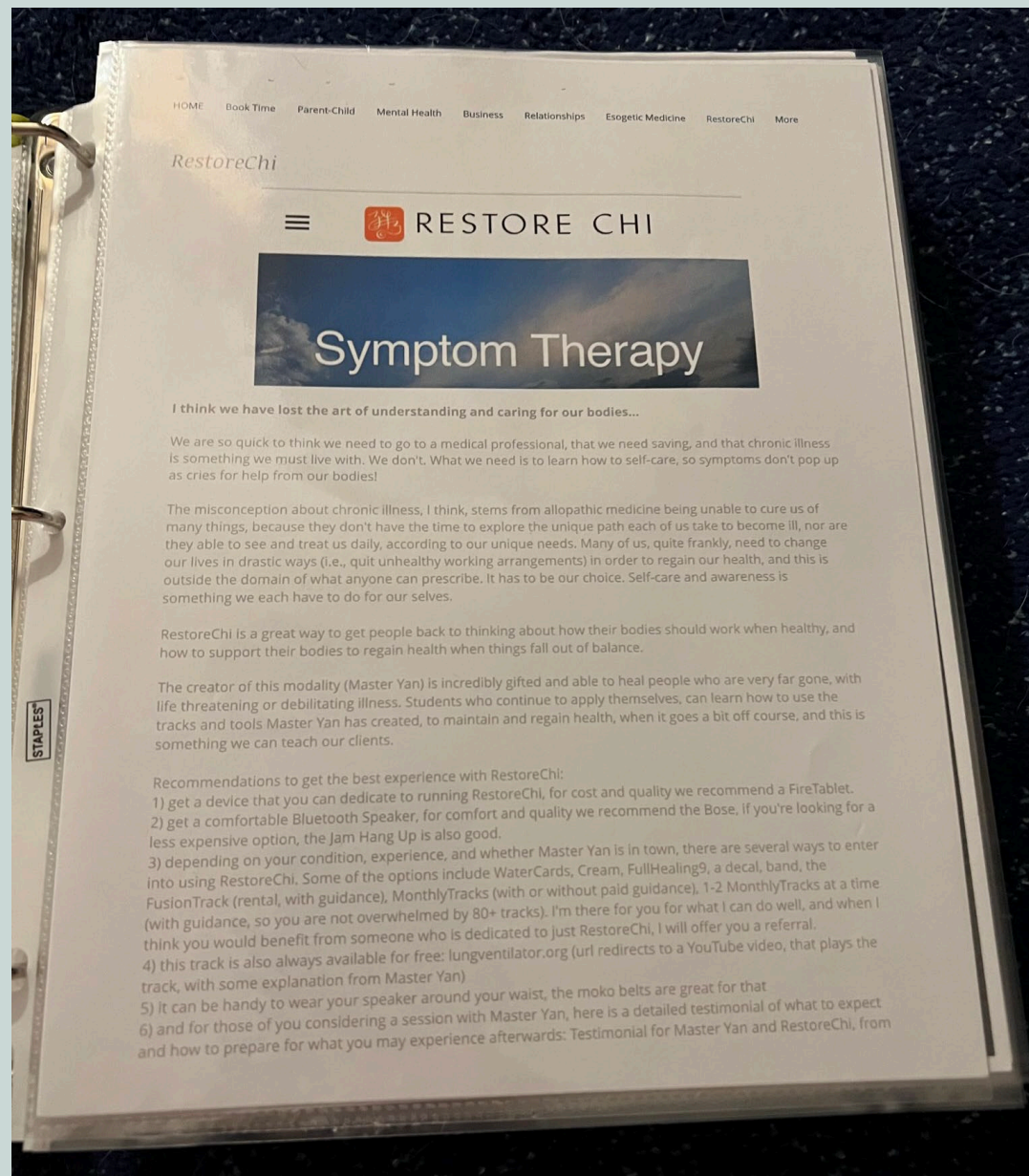
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42











## CHAPTER 28

### Integrating Visual Processing Systems in Mental Health Care

Melvin Kaplan, O.D.

Human vision is an extremely powerful information processing system that facilitates our interaction with the surrounding world. Nearly half of our cerebral cortex is busy with processing visual information. From an interactive perspective, the human organism is a spatial action system.

David Marr (Marr 1982)

### The Interactive Role of Vision: Psychological and Perceptual Performance

We do not usually think of symptoms that occur in disorders of emotion, cognition, learning, and behavior as involving visual processing dysfunctions, but we should. Visual perceptual deficits can translate into emotion dysregulation, learning disabilities, impaired social skills, poor language skills, motor problems, and a host of other neuropsychiatric symptoms, even in individuals with normal visual acuity. Studies suggest that delays of infant development are best understood in terms of the interaction of multiple factors of mind-body and world. A child with delayed de-

## HYPOTHESIS

### The Primo Vascular System as a New Anatomical System

Miroslav Stefanov<sup>1,2,3</sup>, Michael Potroz<sup>2</sup>, Jungdae Kim<sup>2,3</sup>, Jake Lim<sup>2</sup>, Richard Cha<sup>2,4</sup>, Min-Ho Nam<sup>2</sup>

<sup>1</sup> Department of Animal Morphology, Physiology and Nutrition, Agricultural Faculty, Trakia University, Stara Zagora, Bulgaria  
<sup>2</sup> Nano-Primo Research Center, Advanced Institute of Convergence Technology, Seoul National University, Suwon, South Korea  
<sup>3</sup> Korean Pharmacopuncture Institute, Seoul, South Korea  
<sup>4</sup> College of Physical Education, University of Suwon, Hwaseong, South Korea

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**KEYWORDS**  
circulatory system;  
evolution;  
new morphological  
functional theory;  
primo vascular system

**Abstract**  
Traditional Eastern medicine has had a successful existence for a long time and has provided functional paths for treatment. However, some scientists do not accept acupuncture, primarily because the meridian system lacks a physical anatomical basis. To date, scientific theories have not been able to explain the functional paths used by traditional Eastern medicine to cure disease. According to Western medicine, no known anatomical foundation exists for the meridians and unknown nervous, circulatory, endocrine, and immune mechanisms mediate the effects of acupuncture. In the early 1960s, only one hypothesis was proposed to explain the anatomical basis of the meridians. By using different experimental approaches during the past 10 years, the number of scientific papers that report the discovery of different anatomical and physiological evidence confirming the existence of an anatomical basis for the meridian system has increased. Morphological science is greatly challenged to offer a new biomedical theory that explains the possible existence of new body systems such as the primo vascular system (PVS). The PVS is a previously unknown system that integrates the features of the cardio-vascular, nervous, immune, and hormonal systems. It also provides a physical substrate for the acupuncture points and meridians. Assessments of the morphological architecture and the function of the PVS fundamentally changed the basic understanding of biology and medicine because the PVS is involved in the development and the function

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must lymphatic drainage  
is correct are aware of  
this system that way  
represent the subtle body  
meridian channels



## What is esoteric medicine?

Esogetics is the combination of esoteric wisdom and energetic science, in order to trace illness back to the source (which is a disconnection from who we truly are and what we are here to do in this life, as well as having the courage to walk this path), and reconnecting us to that information, so we can restore health.

No health problem emerges from nowhere.

In fact, every health problem, has at its core, an original conflict, that we have refused to process, in order to find our truth, that simply repeats itself, compounding, getting worse, and going deeper into our bodies, causing more chronic and destructive havoc, the longer we allow this to go on.

Like a stone that is tossed from conception (at birth or even before conception), that our parents, ancestors, loved ones, community, school, and social pressures continue to imprint on us, adding more and more weight to who we think we are or should be, this rock continues to skip forward, causing more and more and more damage as it goes:

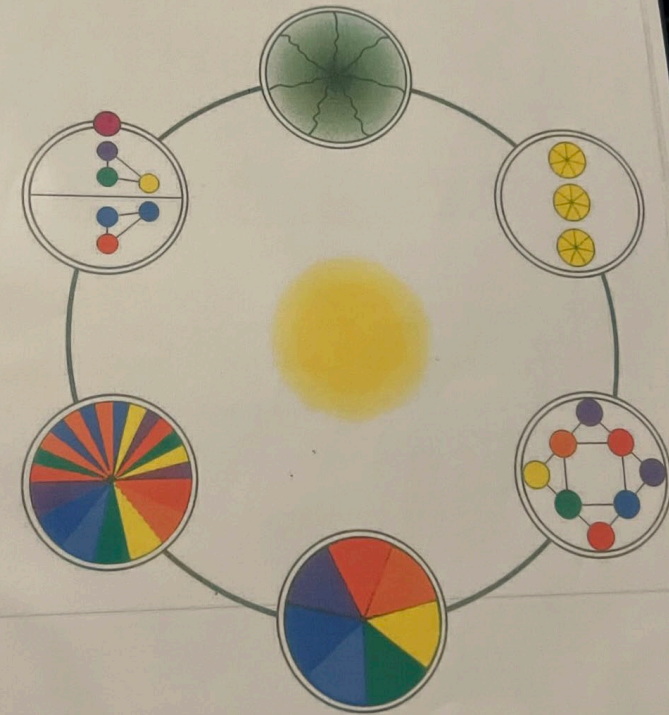


The water that was once still and peaceful, but also flowing and progressing to where it needed to go, is now disturbed and can't even find its center or purpose again!

Esogetic medicine expands and combines RestoreChi (TCM concepts), developmental psychology, astrology, soul contract (the Kabbalah tree of life), trauma research, brain science, physics, music, colour, geometry, anatomy, and more, to create oneness.

At the top we have **conflict**. How we deal with conflict can be in one of three ways: **run, process, or ignore**.

Each of these three ways has serious consequences if it is ongoing. And we may move from one way of coping to another, mostly because our bodies can not continue to cope in any of these three ways forever, without us making changes to our lives, setting better boundaries, becoming empowered, and aligning with our unique truth and life path:







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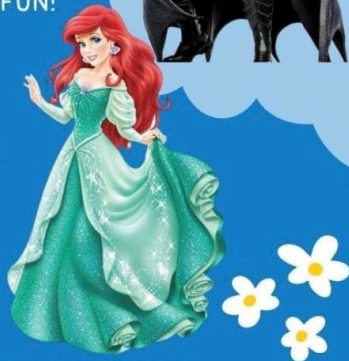
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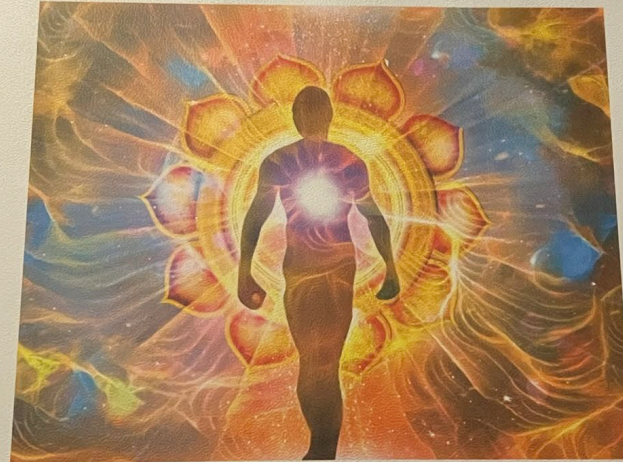
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ESOTERIC + ENERGETIC = ESOGETICS  
SPIRITUAL WISDOM, GROUNDED IN THE BODY, REFLECTED IN OUR LIVES



THE INFORMATION FIELD IS ABLE TO IN-FORMS US, OR NOT  
FOLLOW OUR LIFE PLAN, OR LOSE OUR CONNECTION TO HEALTH



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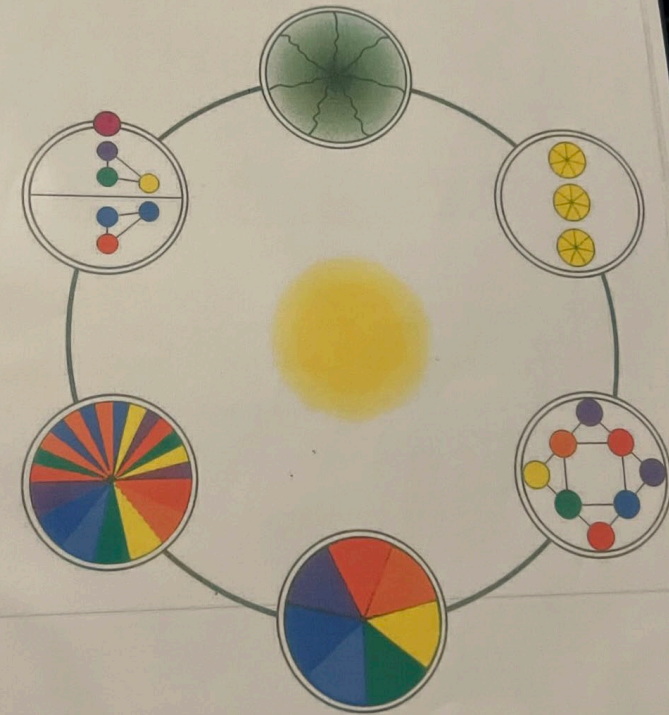


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### The Four Prenatal Phases

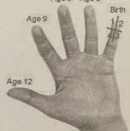
When checking the four phases of the little finger, we always encounter pressure sensitive points on the prenatal line. These four areas are directly connected to the four phases of birth and can be combined with the therapy "birth points." The four points on the skull and the four points on the foot are treated at the same time and we are using the sequence head - left foot - right foot.



Acupuncture/piezo, then:  
1 = conception ROSE  
2 = 12th week CRIMSON  
3 = 24th week LIGHT TURQUOISE  
4 = birth LIGHT GREEN

As mentioned previously the stresses of the little finger on the left - projected forward - reflect the four spurts of puberty of the child. In a detailed anamnesis we can recognize psychologically or physically traumatic incidents. Around the ages of 3, 6, 9 and 12 which need to be considered situations of blockage for the whole life. Also a lack of affection during all of childhood shows in the EEA picture of the patient. Thus we can combine the third part of the treatment, the years of life on top of the skull. Diagnostically we are again dealing with the left hand where the five fingers represent the phases.

### The Treatment of the Four Spurts of Puberty during Childhood



- 1 Birth/prenatal
- 2 Finding a sense of self - age 3
- 3 Awakening of the intellect - age 6
- 4 Manifestation of the child's consciousness - age 9
- 5 Beginning of puberty - age 12

All lateral disturbances of an individual point towards incidents during childhood. In the EEA diagnosis we can identify the blockages through the "specific laterality disturbance."

In that case the fingers of the left side are under more pressure compared to the right. The difference in the size of the emissions between left and right points towards the stressful scenarios of childhood.

As I have said before in the case of a clear diagnosis we can combine the points of the ages with the earlier shown treatments "birth rhythms - prenatal rhythms." In this therapy paying attention to the reactions is even more crucial.


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### BIRTH TRAUMA - BIRTH RHYTHM

Naturopathy has known for a long time that birth trauma can have consequences in a person's life. According to our present knowledge this event has to be part of any anamnesis. Diagnostically we can recognize the birth and potential irregularities related to it in the hand EEA with certainty. Potentially, itself are accompanied by four cornerstones. Can use as test to determine if Prenatal is helpful or to see general reaction when the prenatal situation is touched.

During the prenatal phase these are:

1. conception
2. 12th week of pregnancy
3. 24th week of pregnancy
4. 38th week of pregnancy



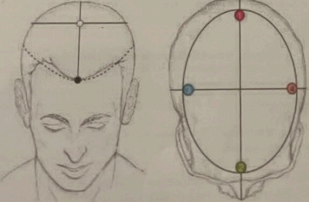
This repeats during birth:

1. rupture of membrane
2. expulsion phase
3. birth
4. cutting of umbilical cord

The idea was to find zones which could influence these four phases. After an extensive search I found the "birth rhythms." The therapy of four points on top of the skull is able to resolve long standing blockages of emotional patterns in order to open the path of reaction. Afterwards it is possible to choose further treatments and to establish an effective therapeutic protocol. We still cannot fathom that at the point of birth the "emotional intelligence" of a human being is absolute and that the new being is basically born into the feeling. Any irregularities during this dimensional shift from "water" to "air" need to be considered as lasting programming, until there is an opportunity to resolve such conditioned patterns.

### The Therapy of the Birth Points

The diagnosis is done through the little finger on the left side. Here we can recognize in the radiance of the EEA emission stresses, which can be transferred onto the four phases of birth. The palpation of the tip of the finger give us a hint as well. The treatment points can be found on top of the skull within the neo-cortex line.



Acupuncture/piezo  
1 = rupture of the membrane BETACRIMSON  
2 = expulsion phase DELTA/LIGHT GREEN  
3 = birth ALPHALIGHT TURQUOISE  
4 = cutting of the umbilical cord THETA/ROSE

Two further conclusions can be drawn from this stress:

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### BARDO THERAPIES

ONLY DO BARDO WHEN A DEGENERATIVE EMISSION HAS DECREASED OR RESOLVED!

#### BASIC BARDO THERAPY

#### EXPANDED BARDO THERAPY

Bardo Therapy Concepts & Diagnostic Indications

The idea that there is an existence consisting of "subtle matter" outside of our "material" life leads to the question: What is beyond space and time? Bob Toben gives us the answer in his book "Space - Time and Expanded Consciousness" (Synthesis pub, Essen): "That which is beyond space and time is 'in everything.' It is pure consciousness." This pure consciousness does not know past, present or future. There is no time. Time does not have a definite direction on the quantum level. All events are happening simultaneously.

This formula is meant to illustrate that principle: Past + Present + Future = Now

If a human being has an immortal soul, then he is bound to this process and perhaps the ancient cultures are right when they talk about the "spaces" which the soul has to move through in order to start another journey through the lower levels of vibration.

Even though these ideas are very far removed from our technological thinking, the experimentation with our "Therapy of the Bardo" shows that we can touch on disturbances, so that a person's supra-ordinate individuality can be organized. In order to understand it all better, we should take the following quote to heart:

Bardo means: "the space that separates islands from each other."

All ancient cultures knew about the Bardo, the space which is our natural home. The term comes from the Tibetan, but all cultures have known this space under different names:


In Egypt it was called "Amenthe"  
On the island of Okinawa "Gusho"  
The ancient Hebrews called it "Pardisch"

In the philosophy of Tibetan Buddhism we distinguish four Bardos:

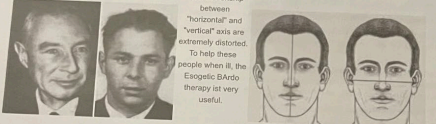
1. the "light-filled" Bardo of the "Dharmata" (it is the Bardo of the other dimension)
2. the "karmic" Bardo of Becoming
3. the "natural" Bardo of Living
4. the "painful" Bardo of Dying

In reality this distinction only serves for a better understanding of everything living.

### THE DISHARMONIOUS CONSTITUTION ACCORDING TO CARL HUTER

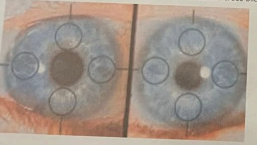


The relationship between "horizontal" and "vertical" axis are extremely distorted. To help these people when it, the Etiologic Bardo therapy ist very useful.



The Karma Cross of the Iris

Bardo therapy is also indicated, when the iris shows the karma cross bilaterally.

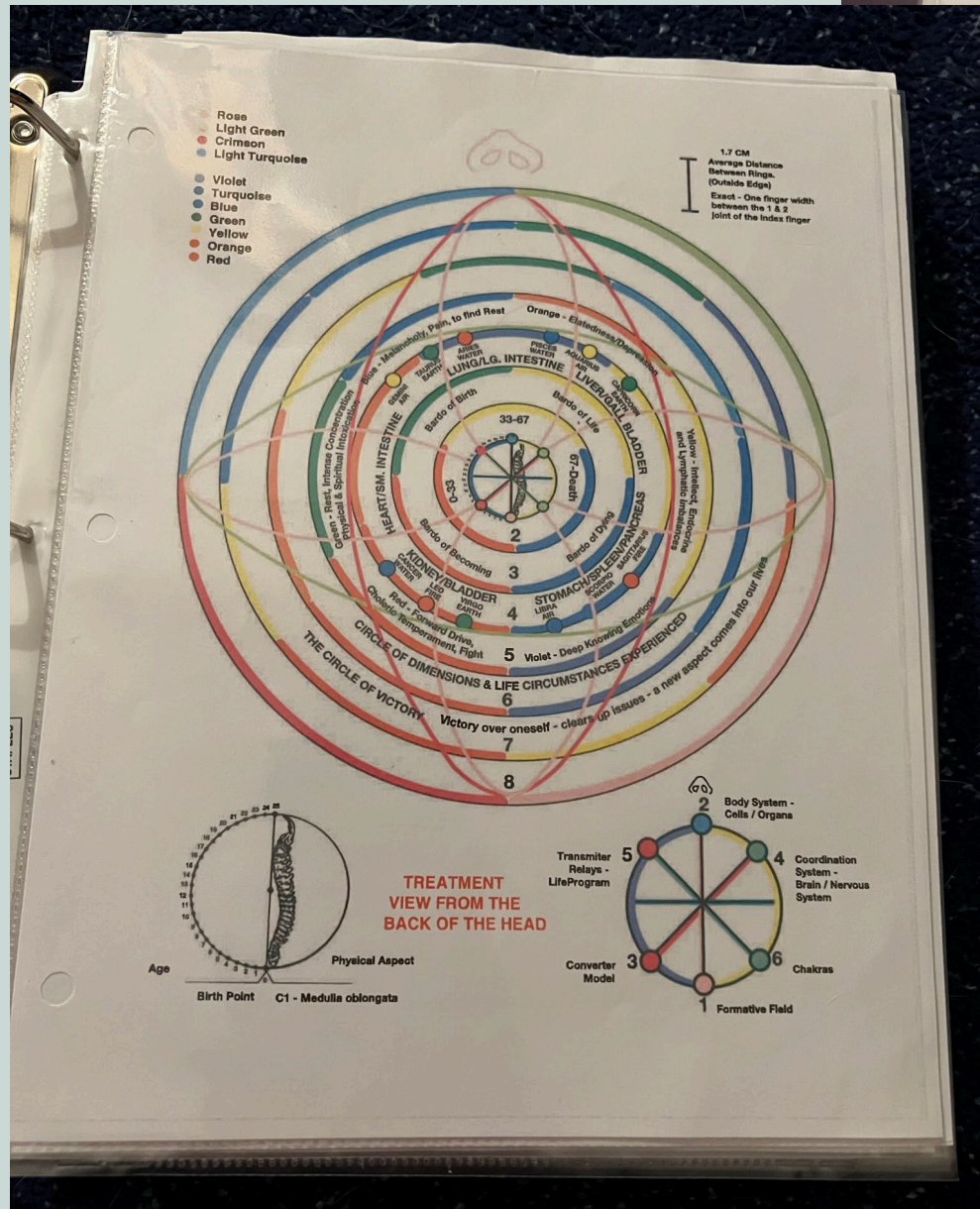


Here the equilibrium and disharmony line according to Flank come together; and I am convinced (even though the indologists are not), that here the higher spheres play a part.

The Bardo therapies are the avenue of choice, combined with a disharmony of the facial features (all three are rarely encountered). These therapies then open the doors to the elements and we can afterwards apply the necessary appropriate treatments.

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There are 7 + 2 Relays.

The **First Relay** is the most important. It has connections to the body. This puberty circle contains the imprints of birth to age 25 and through testing the points on the first circle we can discover which years were full of stress. The First circle is divided into two halves. The left side is connected to the years 0-25 and the opposite side is connected to the spinal segments. By tracking the burdens from age six, for example, diagonally to the other side of the circle we can find which spinal segments carry these memories. By running a vertical line from age six we find a ripple effect at age 19 (?). In the **Second Relay** the circle is divided into thirds that represent the stages of life 0-33, 33-66, 66-death. In the first phase which is colored Red we create our territory and establish ourselves. In the second phase, colored Yellow, we make an ordering and registering of what we have collected. There is a sorting of what is unimportant. In the final phase, colored Blue, there is a retrospective view and a relaxation and wisdom arises.

In the **Third Relay** Prenatal stresses can be detected. The soul is at home and prepares to be reincarnated.

The **Fourth Relay** creates a regulating and blocking element which creates effects in the Function Circles. The patterns of the Function circles were described by Gleditsch. In the segments of the circles Red is connected with Kidney/Bladder FC and fear, Orange is connected with Heart/Small Intestine and joy, Violet is connected with LU/LI. and grief and resignation, Yellow is connected with LIV/GB and emotions that may erupt, Blue is connected with ST/SP and emotions such as worry, insomnia and thinking in circles.

The **Fifth Relay** is the Karmic circle of understanding. If solutions don't come from the other circles there may be a problems from past lives. Through this circle we can get in to the subtle memories. Fear can be overcome as an obstacle and be used as a challenge or an engine to expand consciousness.

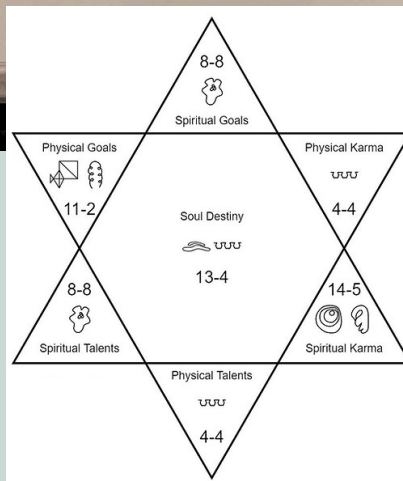
The **Sixth Relay** has seven colors and is the place where blockages can be fully resolved. Treatment of this Relay brings you in to the here and now and helps you let go of analyzing the past and panning the future. This is the way to free oneself.

The **Seventh Relay** is called the Circle of Victory. Victory is seen as the ability to master your own patterns. A person becomes able to understand the problems they are confronted with and to overcome them. The symbol is to break new ground by understanding who you are.

The **Eighth Relay** is the Circle of Change and Transformation. You need to do at least ten treatments before you treat this circle. The Eighth Relay is connected with the Fourth Relay.

The **Ninth Relay** is the circle of completion and initiates a new start after transformation. The person comes to understand what has happened before.

Individual therapy with the Relays depends on the amount and the reason for a person's blockages. It will affect how easily a person can accept change. These treatments can bring reactions but also understanding and happiness. You need



#### GENERAL RECOMMENDATIONS IN PREPARATION TRANSMITTER RELAY (TRS):

- Stop all psychiatric and recreational drug use and minimize alcohol use during the TRS process
- If you tend to be accident prone, be especially careful while doing TRS.
- Keep a journal during the process. Note down physical and emotional reactions and also most importantly any dreams.
- These treatments can sometimes lead to big life changes. It is suggested not to make any radical changes until some time after the process. If you are not prepared for these kinds of changes or more provocative reactions it is better not to do the TRS process.
- The treatments can bring up memories and emotions. Be mindful of projecting this onto others. Don't try to recreate a story, be kind to yourself as you let it all go.
- Drink a lot of water during the sessions as it's a big detox process.

#### Questions for clients to think about before starting a series of TRS sessions:

- Did you or do you have problems with drugs or have you or are you addicted to cigarettes, alcohol, coffee or sugar?
- Do you have any details about your pregnancy and birth eg:  
Do you know if you were wanted or planned? Were you adopted?  
An easy birth? Caesarian? Premature? Forceps used? Long labor? Mother drugged during the birth? How was her pregnancy with you? Did she have any stress in her life etc.
- Were there specific incidents in your childhood that could be considered traumatic?  
Accidents? Abandonments? Deaths? Violence? Sexual abuse etc
- How was your relationship with your Mother and Father?
- Do a life review, where were you and how was each decade of your life?
- What in this moment in your life is your most important issue?
- What would be an appreciated change in your life after this process?

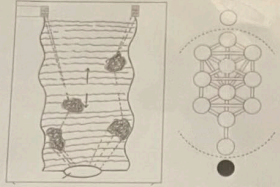
#### Before each session please let your practitioner know if there have been:

- Any emotional changes or mood swings?
- Any changes in attitudes towards smoking, drinking, food, sex and communication with others?
- Any specific issues coming up?
- Any unusual physical reactions or changes in existing symptoms?
- More or less energy?
- Any unusual dreaming?

During treatment, try not to talk about other things and stay focused only on what you are experiencing in the treatment. Try to go inside and stay present. Notice what you are experiencing (with any or all of your senses). Pay attention to emotions, sensations in the body and any images or sounds that you may notice during the session. You can share what you are experiencing with the practitioner during or after the session. Sometimes its hard to put words to your experience, and that's ok. However, it is important for us to be able to track your reactions, so we can support them accordingly.



## TRANSCENDENCE OF LIFE



It may be difficult to enter the spaces of the transcendental. Our idea about the term "transcendence" is on one hand individual, on the other hand it can only be approached philosophically. One could imagine that everything that exists in this dimension, or rather in all dimensions, has its origin there. The transcendental could be seen as the "original pattern" from which "everything that is" emerges. This is then seen as a reflection or shadow.

The incarnation of a soul and the resulting integration into three-dimensional space can be seen as a "change of dimension," which has its highlight in a "symbiosis" with "matter." That happens in the moment when the sperm penetrates the membrane of the egg. I also believe that the soul-spirit principle carries an individual program during the integration) symbiosis, which waits for its actualization during the now unfolding life. If all this is indeed real (transcendence - dimensions - soul - spirit - incarnation - individual program), then it seems only logical that all preceding programs (past lives) are contained in the program that is to be lived "now" (karma). We also have to be able to store (469) awareness that can be reached as layers of consciousness in this life and which are available as helpful tools for the expansion of consciousness.

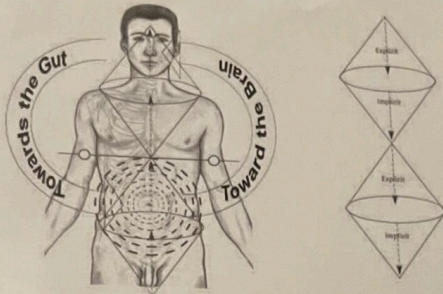
If we assume that blockages have formed during the establishment of the individual program in the Bardo space, during conception, during the prenatal life or finally during birth, then we will find these stresses again as an inhibition in the layers of consciousness and thus as a blockage of the consciousness that is trying to manifest itself in this life. When the perception of the external world develops and reason and intellect mature, then these "blockages" could be seen as permanent memories of the "program" that we have brought with us. For registration and/or cleansing - supervision of the program or as an organizing principle - we have the space of the transmitters. The learning process takes space in the intellect/reason, which is fed by the upper consciousness. This happens depending on the level of freedom or blockage of the flow of information from the layers of consciousness. Thus the intellect/reason is only a tool for consciousness and has to act according to it. That shows us the importance of a permanent "expansion of consciousness."

The transmitter space and its centers on the skin register and supervise this program in the sense of the individual program. They are bringing freedom or pressure/blockage into this life, depending on the individual's behavior on their life path in the forward oriented stream of time.

The most important instrument for all disturbances encountered in the PASSIVE WATER - especially in the subconscious space - is the principle of transmitter relay therapy. The overall concept (very extensive) has to be learned separately (offered in separate seminar).

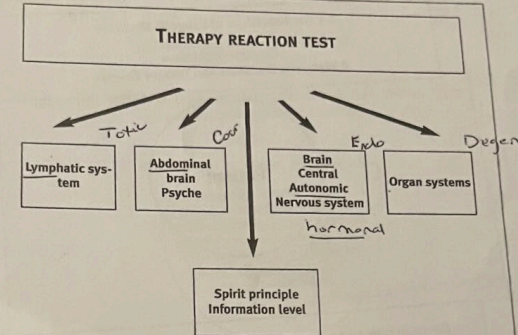
When showing you the diagram of transcendence, I have opposed it with the ancient symbol of the Tree of Life, I believe that each expansion of consciousness generates an opposite reflex, which through the Tree of Life gets reflected downward again, in order to rise anew and live towards another expansion of consciousness. I want to mention the alternative way, (470) See the special way.

## BASE EXPLICIT - IMPLICIT



## ESOTIC COLORPUNCTURE™

Energy Emission Analysis - Page 14



## EVALUATION OF THE EEA CONTROL PICTURE EVALUATION OF THE REACTION CHOICE OF THE THERAPY LEVEL

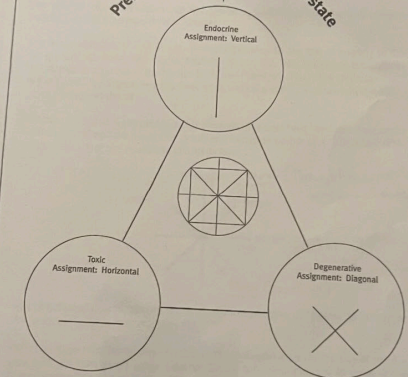
Never a new diagnosis, but - no matter what the picture looks like - paying attention to the reaction of the overall phenomenology!

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of what they want to

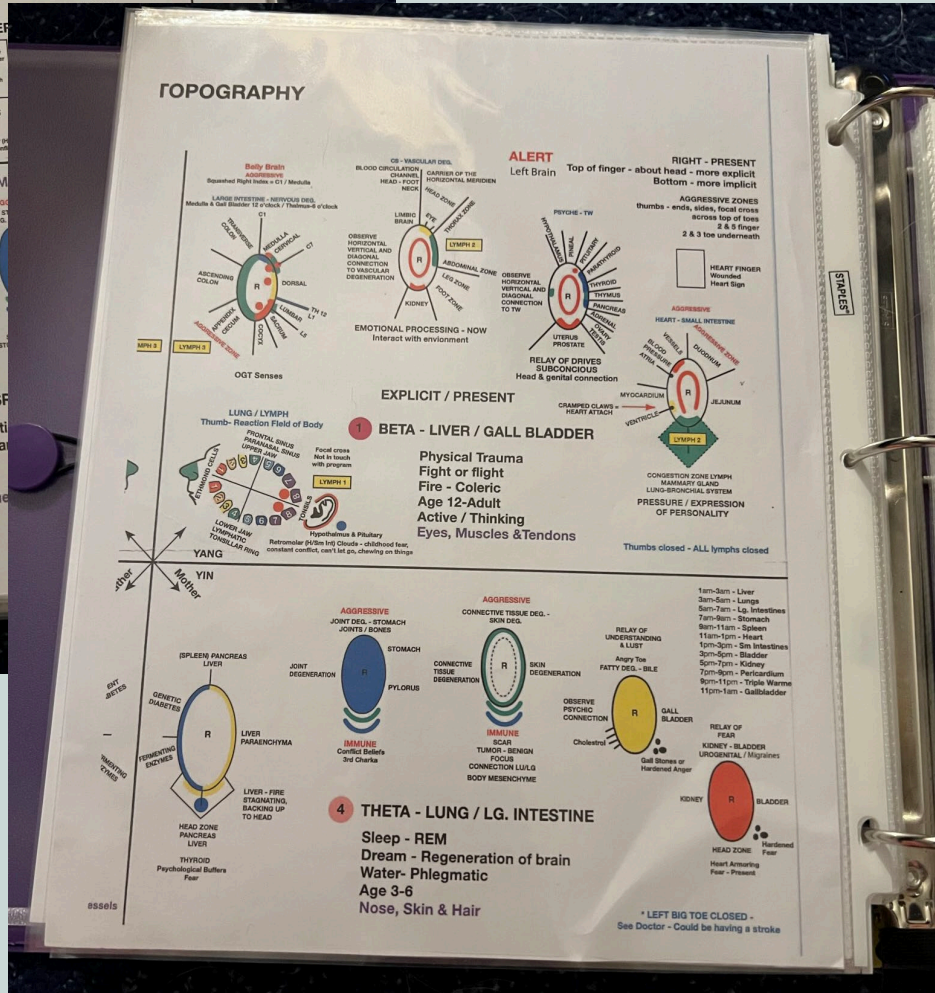
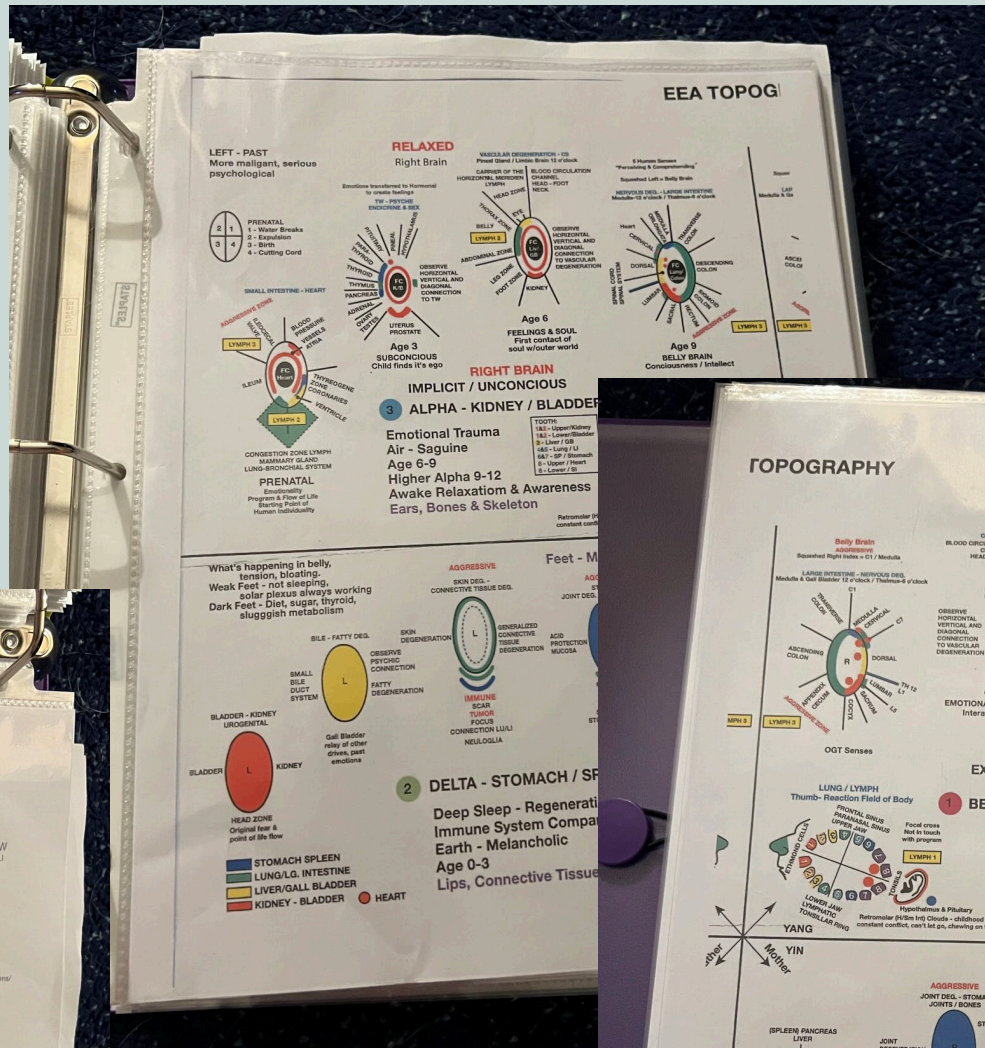
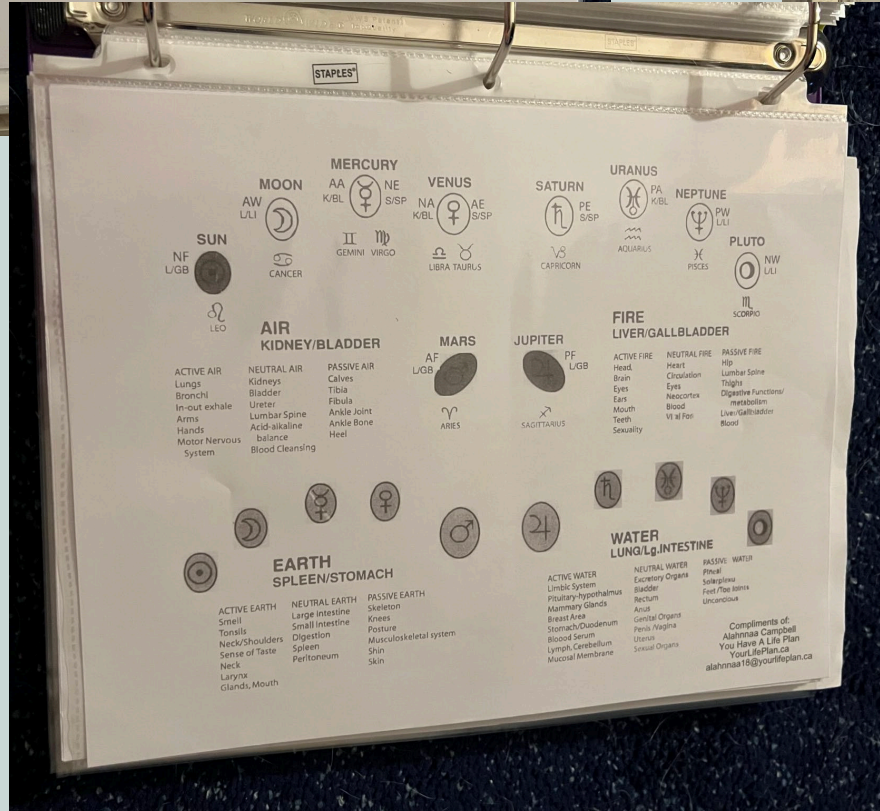
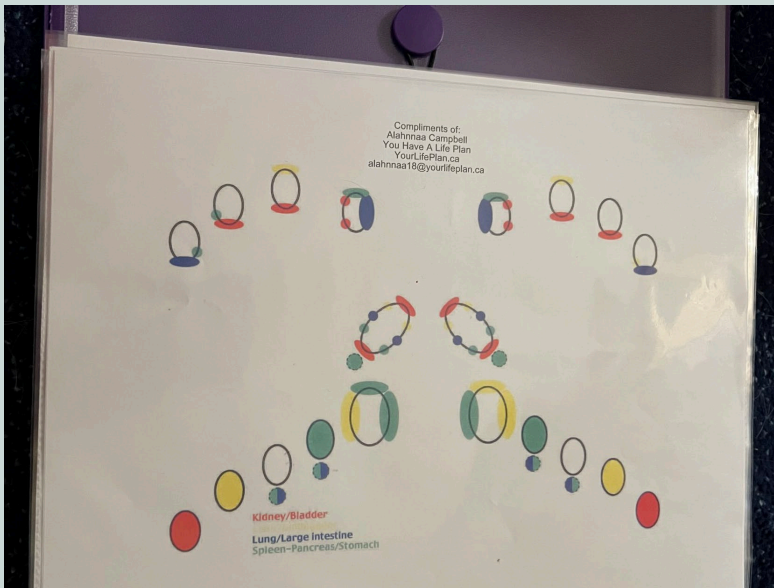
CLT Q = 15 the person G  
and can be

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## Prenatal energetic-informative state









Mental heart, heart center, learning processes before puberty, difficulty in orienting self, burdens because of parental failure, couldn't express self, so experiences inner emptiness & loss of orientation as adults.

**Therapies:** BARD0, Points of Life & Death, Four Temperaments, Solar Plexus on Feet, Gray Original Pattern on Feet. If horizontal, vertical & diagonal, then **CONFLICT & PRENATAL THERAPIES**.

■ LEFT LITTLE FINGER DIAGONAL 1

AGGRESSIVE ZONE  
ILEOCECAL VALVE

RX Heart triangle on skull  
For irregular heartbeat, coronaries on  
EEA, RX: HEART SEGMENTS

The diagonal axes carry the stress results from the vertical and horizontal axes. Theoretically there are only two directions of energy flow, so that the diagonals are generated from the relationships of the vertical and the horizontal. When analyzing the psychological peculiarities it shows us the presence of static stresses, i.e. the previous statements about the horizontal and the vertical are emphasized through the meaning of "diagonal" (stasis, stopping, degeneration).

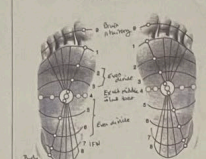
This axis is called the "cramp (or spasm) axis." This results on one hand from the blockage of the individual program; on the other hand this axis has to do with the "heartlessness of the parents." Tensions and spasms show very early in childhood, so that the stresses in the home life are permanently recurring and the child (individual) gets an early conditioning of a tendency towards spasms, stress and conflict. Often the diagonal axes show up by themselves and the reaction test then relates either to the vertical or the horizontal axis.

Birth=blockage of individual life program, absolute hindrance, problems don't move, can't express in world  
Vertical = heartless parents/conflicts, RX: Gray Original Pattern on Top of Skull.



If reactions are strong on pain clock, be careful.

DX - palpate to get more precise around  
The Esogetic Axis of the Endocrine System on the  
Sole of the Foot



Point 1: Hypothalamus  
Point 2: Pituitary  
Point 3: Pinea  
Point 4: Thyroid Parathyroid  
Point 5: PANCREAS  
Point 6: GONADS  
Point 7: Endocrine gland  
Point 8: Endocrine part of the body  
Point 9: Endocrine part of the brain

→ every body?   
 → every 1st & 2nd

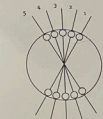
It is best to examine the points as lightly as possible from top to bottom towards the head, a particular pressure sensitivity of points 8 and 9 points towards general disturbances of the endocrine system.

→ 1-2 of all on one session  
→ like one on to 1-2 more pts

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Revised 2004, 2006

## Induction-Regulation Therapy - Page

The arrangement of the points in the field the element "ether" resembles a comb standing on its tip. For me the exactly calculated dimensions of the double cone - in different variations and integrated in itself and with each other - are the superordinate mechanism of energy production and thus the information carrying medium. I want to show you the complete figure on the next page. The opposition of the two points within the ether field underlines the importance of all of this. At a given time, however, only one point is primary (upper or lower). This can look different on the five lines.

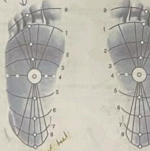


Edges of  
3rd gray  
complete  
rhythm of  
the field

- |   |  |                                       |
|---|--|---------------------------------------|
| 1 | Endocrine line .....                   | Thyroid - Parathyroid                 |
| 2 | Joint line .....                       | Hip joint - Individuality             |
| 3 | Nervous system (central/ autonomic) .. | Autonomic nervous system              |
| 4 | Organ line .....                       | Gastro-intestinal tract - Solarplexus |
| 5 | Lymph and Immune system .....          | Reflex area Mesenchyme                |

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### The Nine Projections of the Central and Autonomic Nervous Systems



Point 1: Entire brain - amphiphasic limbic system  
 Point 2: Cervical spinal cord  
 Point 3: Thoracic spinal cord  
 Point 4: Autonomic nervous system  
 Point 5: Lumbar spinal cord  
 Point 6: Sacral spinal cord / Spinal sac  
 Point 7: Medulla oblongata / posterior brain  
 Point 8: Different channels / top of cauda  
 Point 9: Different channels / top of cauda

The points on the side of the foot are all connected to the points of the soul line on the top of the foot (see pic. abt. 4)

*If they had to make me the same as them, then I, then are confused because I can't live like the person*

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Advanced Training Chiropractors, Part 4 - Page 30

- Point 1: Shoulder
- Point 2: Elbow
- Point 3: Wrist
- Point 4: Hip
- Point 5: Knee
- Point 6: Ankle
- Point 7: L5/S1
- Point 8: Tail
- Point 9: Atlas - sac

It is best to palpate the different points from the toes down towards the heel.

on a Pk person to identify joints to +  
to make palpation

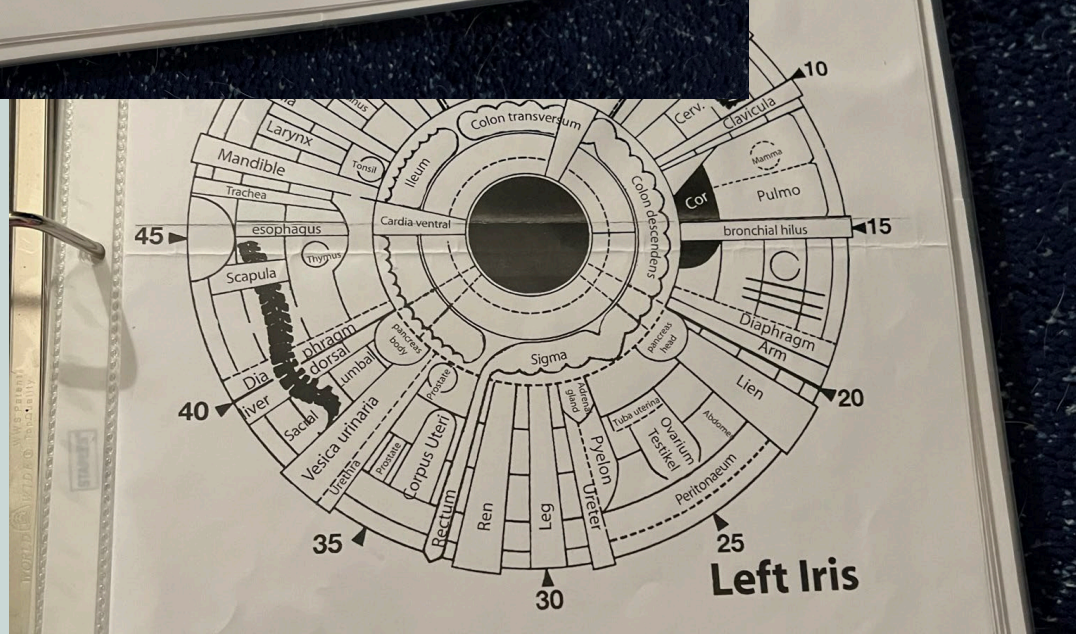




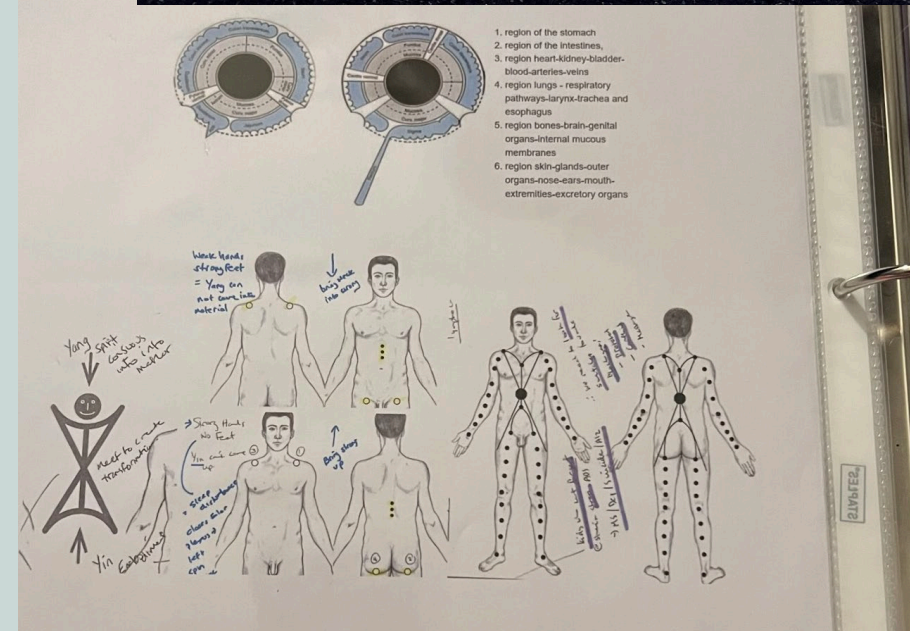


The 4 + 1 Disease Principles The Fire Pot: Liver/Gallbladder - upper lymph, brain, heart, clogged (food), medulla = solarplex, CNS, thalamus = see, hear, consciousness, pain; hypothalamus = milieu, tense medulla -> tense solar -> acidity -> mucosa -> allergy

	Active Fire (head) - left thumb	Neutral Fire - left baby	Passive Fire - right thumb
<b>Bodily Correspondence</b>	All problems with the brain. Head, eyes, ears, mouth, teeth, sexuality, bodily substance.	Heart, Circulation, eyes, nose, throat, blood, wind force. Related animalistic zone/cerebral mid-back.	Hip, pelvis, lumbar spine, thighs, digestive functions in regards to the metabolism, all GI, especially SI (belly back tropic), liver, gallbladder, blood. Problems with weight related to overeating. Vascular cerebral stress related to stress/depression.
<b>Psychological Correspondence</b>	Ego-centeredness, aggression, will, spontaneity, directness. Rebellion and opposition, emotional independence, ongoing readiness and search for new avenues. Sustaining one's self, getting one's way, conquering new areas, readiness for conflict, enjoying risk, accepting challenges and growing through them. Key: impulse to bring something into the world (Sun in 1 <sup>st</sup> house-like action).	Radiance, expression, creativity in the outer, self-confidence, mania, over spending, feeling comfortable in the larger picture. Strong faith in one's own gifts. Very intense when deep feelings are being expressed. Sovereignty, success, respect, generosity, grandeur, leadership, being in the center, power. Wants to be center of attention. Negative: buckles under pressure.	Horizon, faith, goal-oriented, insight, but also without limit, commitment, forth, gluttony. Open to the world and very mobile inside. Ready to travel to far horizons. Deep religious feelings. High faith, honor, high education, justice, strong convictions, international connections.
<b>Disease Tendencies</b>	Cephalalgia (migraines with PMS), migraines, loss of hearing, vision capacity, neurasthenia, gallbladder problems, muscles, tendons, sexual function, inflammation in general, fever, bleeding accidents, injuries. Vertigo, all coordination problems with hypothalamus, pituitary.	Heart & circulatory diseases, ie, angina pectoris, arrhythmia, cardiac neurosis, coronary sclerosis, psychosomatic heart problems, inability to concentrate, nervousness, feeling weak, general blood diseases (esp. RBC), scrofula, rickets, eye diseases.	Hip arthritis, varicose veins, allergies, asthma, diabetes (gluten-free). Blood diseases (WBC), liver & gallbladder diseases, obesity, self-poisoning through wrong diet, diabetes, tendency towards stroke.
<b>Pain Tendencies</b>	Muscle and tendon pain, pain from heat/inflammation, gallbladder colic, post-traumatic pain, cephalalgia.	Cardiac pain (angina pectoris vasomotorica), spine in general, pain in the eyes, pain from spinal cord diseases.	Sciatica, hip and ilio-sacral pain, soft tissue rheumatism, cerebral stress from stress/depression.
<b>Goal</b>	Unfolding of a fighting spirit and spontaneity.	Unfolding of self-worth and big heartedness.	Unfolding a far reaching vision and a deep sense of meaning.
<b>Astrological Correspondence</b>	Aries, Mars	Leo	Sagittarius, Jupiter
<b>Therapies</b>	Medulla/Thalamus, Ear, Eyes/Stroke Arrows, GB, belly brain, burnout, dizziness, senses/sensory motor (inner vision), focus of intent (teeth, mouth, mucosa), 3 types of migraine ts, hormones, brain, middle tendon pain, BW= Stress (basic), migraine, cerebral training, memory, learning, converter pts, rhythm for anger	Self-worth early wounding, Ender/ANS, too much adversity narrows the heart, reduces freedom, skull from mental/physical/spiritual heart, by: liver, kidney, or L/G/D, median turbulences, front and back brain (PFC=emo and backbrain), endo strength, max sinus, lumbar brain, relax spine, tendon pain, BW= Stress (basic), migraine, cerebral training, memory, learning, converter pts, rhythm for anger	Allergy: thalamus, ANS/Endo, sleep, limbs, corpus, spine, medulla, deep ribs, hypos, ade, maxilla, prenatally/early child conflict stress, scrofula (genitals, ear shadow, leg), converter for lower spine, pelvis, medulla, OGT for Liver, Epigast, L/G triangles, retromuscle, cost stress, conflict, angry, life levels, thyroid, vulva/vagina stress, menarche/menopause, leg dream stress, converter for pain, SI (some hips/collar bone WBC) Rest, Stress, Migraine, Child L&L, rhythm for L/G/hips



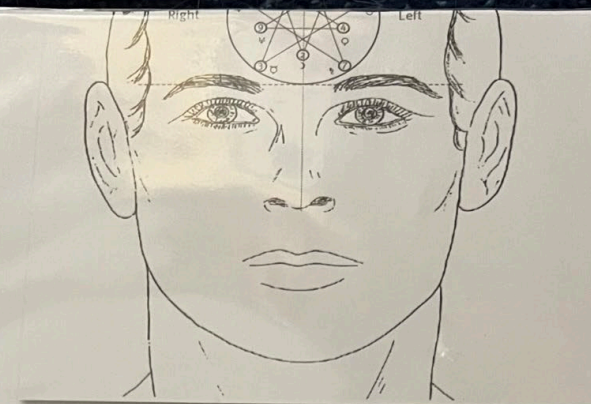
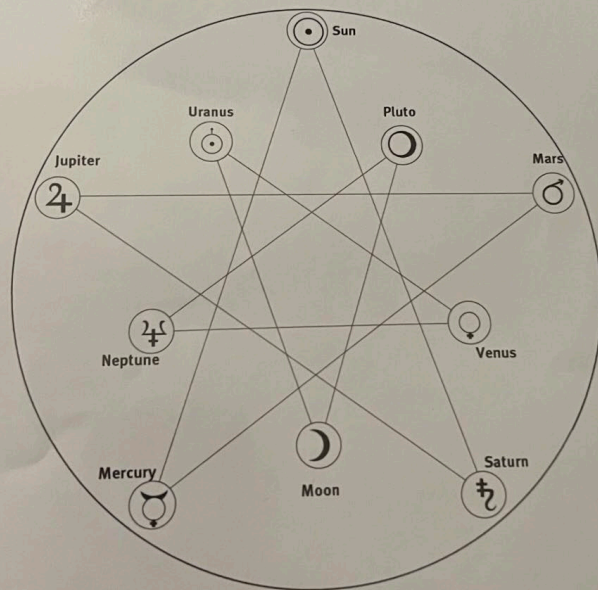
You Have A Life





## THE PENTAGRAM

This treatment is used for treating laterality issues and is also helpful for pain. You place the pentacle in the middle of the forehead in the pain clock area, with the sun point facing up. You can test the fingers and select the fingers that are most painful to choose the points on the pentagram to treat. Only treat a maximum of 4 points in one session. Each point that you select on the forehead is treated with acupuncture or piezo. Then you apply the color of that planet for 15 - 20 seconds. Treat whichever points you have selected in a clockwise direction moving around the points as they lay out on the pentagram. With this treatment, because you are actually treating the planets that relate to each finger, you are working at a higher, more symbolic level to address pain and laterality.



- |    |         |       |             |
|----|---------|-------|-------------|
| 1  | Sun     | ..... | Crimson     |
| 2  | Moon    | ..... | Rose        |
| 3  | Mercury | ..... | Turquoise   |
| 4  | Venus   | ..... | Light green |
| 5  | Mars    | ..... | Crimson     |
| 6  | Jupiter | ..... | Crimson     |
| 7  | Saturn  | ..... | Light green |
| 8  | Uranus  | ..... | Turquoise   |
| 9  | Neptune | ..... | Rose        |
| 10 | Pluto   | ..... | Rose        |

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**ESOGETICS**  
Heilwerk der Seelen



⑥ Teperet ① Beauty, 3Fw melan skin  
in a rooted human soul (lower kether)  
⑦ Circulation, eyes, neo cortex, uterine  
creative express, assert, move, waste  
Solar plexus stress, Ether, calm any  
stress

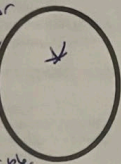
⑧ Head & I ② AA/NE, Gorge  
Right of reveal, voluntary  
sexes, grasping / comprehension  
AMS / motor, machine, drain  
L2 / chest / King, Nervous  
System over-whelm, refine  
Senses, Gorge  
Stress, imbalance

⑨ Netzah ③ & ④ Eternity  
AE/NA, Left of reveal  
mid shoulder, AM/AM  
voluntary, lymph, KLO  
blood clean, acidity/dark,  
looking for love, self  
Centered, reacts, gasp  
to imbalance, ear, gland  
Growth problem  
Left Index  
Finger - Child  
Consciousness

⑩ Gevura - Justice ⑤ Right  
Dealing on the outside, decision  
Compromise ④ brain, eye,  
ear, heart, mouth, aggression  
ego, direct, spontaneous,  
brain, muscles, gall / expression  
Clear personal aggression  
Carrying inside  
Left Thumb  
Child's Reaction  
Field of The Body

LEFT HAND: Implicit, Subconscious, Childhood

Left Little  
Finger - Life  
Program



① Foundation  
Yesel, ③ 3Fw share  
public, human mirror  
recognizable ways,  
memory of early life  
romanticize, fault  
find, compulsion,  
secrecy, hormones,  
lymph, the mesh, solar plex  
& organs, internal shape  
Uses and needs dot  
of light to manage  
tasks, menstruation  
& migraine pain  
pure light to orient  
life

Body Level:  
Entire Endocrine  
System/Psyche  
Lymph 2 &  
Breast (bottom)

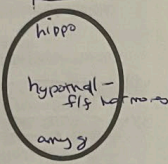
Life Phase/Psych  
Bardo time,  
prenatal and birth

Disease Principle:  
Active Water/  
Cancer

Esogetic Pattern:  
Endocrine or Toxic?  
EQ: HU/SI, LU/LI?

Multitude personality  
to Bardo  
hippo  
past life chips

Left Ring  
Finger Child  
Subconscious



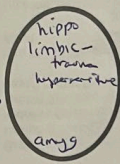
Body Level:  
Entire Endocrine  
System/Psyche  
Reproductive  
organs (bottom)

Life Phase/Psych:  
After birth to age 3  
(attachment phase)

Disease Principle:  
Active Water/  
Cancer

Esogetic Pattern:  
Endocrine  
EQ: K/BL, Sp/SI?

Left Middle  
Finger - Child  
Emotional Self



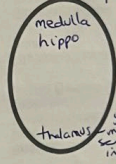
Body Level:  
Lymph & Blood  
Kidneys (bottom),  
Limbic Brn (top)  
Psyche buffer system

Life Phase/Psych:  
From age 4-6

Disease Principle:  
Active Air/Mercury

Esogetic Pattern: Toxic  
EQ: K/BL, LU/LI, LI/Gb

Left Index  
Finger - Child  
Consciousness

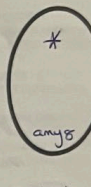


Body Level:  
Spine, Lg Intestine  
(Belly Brain) - sensitivity  
Medulla (top)  
Thalamus (bottom) pain

Life Phase/Psych:  
From age 7-9

Disease Principle:  
Active Earth/Venus

Esogetic Pattern:  
Toxic or Degen?  
EQ: LU/LI



Body Level:  
Lymph 1 - Head,  
sinuses, throat,  
ears, teeth

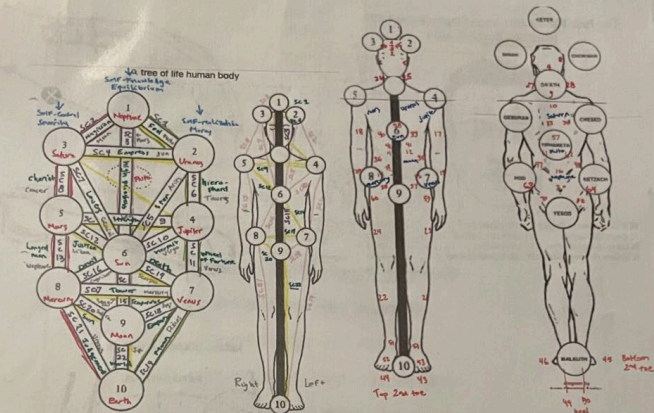
Life Phase/Psych:  
From age 10-12

Disease Principle:  
Active Fire/Mars

Esogetic Pattern:  
Endocrine/Toxic/  
Degen?

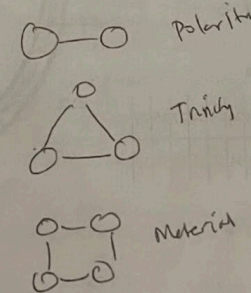
EQ: All

amyg reacts to abdominal  
impulses not understood  
to belly brain life barrier  
Diet?  
Amyg / at thalamus = PTSD description



With connections to: <https://www.yourlifeplan.ca/soul-contract>, <https://www.yourlifeplan.ca/astrology>,  
<https://www.yourlifeplan.ca/gene-keys>, <https://www.yourlifeplan.ca/restorechi>

Its all about moving away from health, by being caught in polarity, and one of the 3 stages of dis-ease, that eventually lands in the material body (via one of the 4 elements: fire, earth, air, water), as a result of unresolved conflict, that needs to be integrated, from our bardo, conception, prenatal, birth, childhood, and ancestry, for a more interesting (and less "different cast of characters, same theme") life to resume. Because you're worth it!













left hand blue → *mp*  
 but liver pack deep on skin 10-15 mm.

**ESOGETIC COLORPUNCTURE™**  
 Colorpuncture - Basic Training, Part 1 - page 39

**Coordination 10**

Indication →  
**Blue:** Insomnia, head strain, tension, restlessness  
**Violet:** Trauma treatment (together with Ki 1 - see later), head strain  
**Orange:** Morning tiredness, depression, menopause

1 = Yin Tring ..... blue (violet)/orange  
 2 = GV 20 ..... blue (violet)/orange  
 3 = GV 19 ..... blue (violet)/orange

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**Esogetic Medicine®**

**The Facial Color Mask**

orange

**The Function Circles**

1 right = color red  
 2 right = color yellow  
 3 left = color blue  
 4 left = color green

.....FC kidney / urinary bladder  
 .....FC liver/gallbladder  
 .....FC lung / large intestine  
 .....FC spleen-pancreas / stomach

Indications: Balance/regulation of the function circles and reaction test

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Max 1/uk or 1/mon  
 1x time the spectrum  
 (= body regulating)  
 then see the soil/spirit for maybe say a special what you want results for this

**ESOGETIC COLORPUNCTURE™**  
 Colorpuncture - Basic Training, Part 1 - page 40

**Somatotopy of the Hand  
 Coordination 8**

**The Ellipses**

left then right hand  
 @ the edges 5x  
 sway

② Thumb ..... yellow  
 ③ Index finger ..... red  
 ④ Middle finger ..... light turquoise  
 ⑤ Ring finger ..... blue light green  
 ⑥ Small finger ..... (orange) crimson

Indications: General regulation, removal of blockages, stimulation of the flow of information, fit for self-treatment.

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## Esogetic Sound Therapies

Mandel wanted to transpose the energetic effects he had found in Colorpuncture into the area of sound. If natural harmonic oscillation triggers resonance in the body, then harmonious acoustic oscillation will too. Mandel also wanted to influence the energy flow in the body using the laws of musical vibration. Over the past 30 years, he has developed several types of sound therapies.

**I. ColorSound Therapies:** These were the first sound treatments developed. Working with music therapists, Mandel created sequences of sound in frequency areas that correspond exactly to the respective color therapy spectrum. He took into account a) the human cell's resonance response to certain frequencies and b) the energetic polarity of yin and yang -- which he had found in complimentary colors -- but now also found in complimentary sounds.

This unique development team literally translated specific color treatments into sound treatments -- the same patterns of frequencies. A big breakthrough occurred when they found the conversion of complimentary color frequencies into sound frequencies. Each colorsound therapy is a specific therapy for specific symptoms. Structured similarly to the colorpuncture treatments, ColorSound Therapies are applied in the same sequences of sound. The advantage is that the listener is in a deep state of relaxation which "de-cramps" the brain. Sound treatments are well suited to home use and can be used to supplement the your colorpuncture treatments provided by a trained and certified Esogetic Colorpuncture practitioner.

The ColorSound Therapies work especially with the brain and the different parts of the coordination system. This is where the roots of information breakdown occur that later can lead to disease. ColorSound therapies are designed to create certain holographic patterns in the brain and to specifically effect different parts of Mandel's "coordination system" as needed to resolve specific symptoms. For example, the migraine tape helps relax brain cramps and promote reduction of edema in the brain. It works especially on the pituitary, hypothalamus and corpus callosum.

The specific ColorSound CD Therapies are as follows:

1. Headaches and Migraine Therapy (Kopfschmerzen in German)
2. Psychosomatic Balancing/Stress Relief Therapy (Psychosomatischer Ausgleich)
3. Immune Strengthening Therapy (Aufbau Körper eigener Abwehr)
4. Insomnia and Sleep Therapy (Schlafstörungen)
5. Concentration Therapy (Konzentration)
6. Motivation Therapy (Motivation)
7. Wholeness: Body-Soul-Spirit Therapy (Ganzheit: Körper-Geist-Seele)

4520 Synapsis 2 Conflict Resolution  
 4521 Synapsis 2 Power Nap  
 4522 Synapsis 2 Gamma long  
 4523 Synapsis 2 Gamma short  
 4524 Synapsis 2 Addiction  
 4525 Synapsis 2 Rest 1  
 4526 Synapsis 2 Rest 2  
 4527 Synapsis 2 Sleep 1  
 4528 Synapsis 2 Sleep 2  
 4529 Synapsis 2 Dream  
 4530 Synapsis 2 Children 1  
 4531 Synapsis 2 Children 2  
 4532 Synapsis 2 Stress Basis  
 4533 Synapsis 2 Stress Immune  
 4534 Synapsis 2 Stress Hormone  
 4535 Synapsis 2 Stress Spasm  
 4536 Synapsis 2 Psyche 1  
 4537 Synapsis 2 Psyche 2  
 4538 Synapsis 2 Psyche 3  
 4539 Synapsis 2 Cerebral  
 4540 Synapsis 2 Learn  
 4541 Synapsis 2 Memory  
 4542 Synapsis 2 Awake  
 4543 Synapsis 2 Degeneration  
 4544 Synapsis 2 Point Combi  
 4545 Synapsis 2 Point Gamma  
 4546 Synapsis 2 Cerebral A development  
 4547 Synapsis 2 Cerebral P development  
 4548 Synapsis 2 Power Team development  
 4549 Synapsis 2 Addiction W development  
 4550 Synapsis 2 Conflikt T1 development  
 4551 Synapsis 2 Conflikt T2 development  
 4552 Synapsis 2 Meditation development  
 4553 Synapsis 2 Gamma 40

12

## A. The Five Zones for Growth and Change

### 1. Zone of the Individual Program

This zone is positioned on top of the hip joint, on both the left and right sides of the body. Its treatment stimulates realization of your personal, individual goal in life. If we have lost our inner path, this zone helps us get back on track. Also helpful for hip pain.

Esogetic Sound Therapies: CD **Totality #1 (Spirit)** or Esogetic Soundscape #1: Balance. *Red*



### 2. Zone of Feelings and Intuition

This zone is located on the medial side of the knee joint, left and right. Treating it helps to develop and strengthen our intuition. With a clear intuition, we can recognize our life program more easily and be able to realize it. Also helpful for knee pain.

Esogetic Sound Therapies: CD **Totality #2 (Body)** or Esogetic Soundscape #2: Regeneration. *Violet*



### 3. Zone of Imagination

Zone lies over the medial ankle joint, left and right. This zone is complementary to the zone of intuition. We cannot follow our intuition unless we are able to imagine or visualize our life path direction first. Also helps children to strengthen their creativity and do better in school. Ankle pain is helped as well.

Esogetic Sound Therapies: **Totality CD #3 (Soul)** or Esogetic Soundscape #3: Self Confidence. *Green*



### 4. Zone of Intellect

This zone lies on the side of the base joint of the big toe, left and right (Spleen 2). The zone of intellect is the last step needed to help us grow and change. Once the information of the soul is surfaced, and transformed through intuition and imagining the future, now a conscious understanding can be developed to support our life movement. Very helpful for children with learning problems or difficulties with parents or school environment. Also helpful for bunion pain.

Esogetic Sound Therapies: **Psychosomatic Balancing CD** or Esogetic Soundscape #4: Vitality *Yellow*



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Alahnaa Campbell 🌿 Mar 26 6 min read

## Continuing to make sense of the Heal-Y

Updated: Aug 11

This article is likely a work in progress.

These are the links I had temporarily hosted on my [Heal-Y page](#), because, as is the case with [Esogetic Medicine](#), [Human Design](#), and [Soul Contract](#), I don't want to reproduce what is already available, and what you can have direct access to, without going through me (unless you want to):

- [Introduction to the Amazing Capabilities of the Healy \(Digital Therapy & Digital Homeopathy\)](#)
- [Digital Therapy: Introduction to Healy \*\*Bach Flower\*\* Remedies Database](#)
  - [Specific Healy Bach Flower Remedies – Part 1/4](#)
  - [About Bach® Original Flower Remedies](#)
- [Digital Therapy: Introduction to Healy \*\*Australian Bush Flowers\*\* Database](#)
  - [Specific Healy Australian Bush Flowers Database – Part 1/7](#)
  - [About Australian Bush Flower Essences \(ausflowers.com.au\)](#)
- [Digital Therapy: Introduction to Healy \*\*Alaskan Gem Elixirs\*\* \(crystals\) Database](#)
  - [Specific Healy Alaskan Gem Elixirs – Part 1/5](#)
  - [About Alaskan Gem Elixirs](#)
- [Digital Homeopathy: Introduction to Healy \*\*Schuessler Salts\*\* Database](#)
  - [Specific Healy Schuessler Salts Database – Part 1/2](#)
  - [Schuessler Tissue Salts \(background information\)](#)
- [Digital Homeopathy: Introduction to Healy \*\*Materia Medica\*\* Database](#)
  - [Specific Healy Materia Medica Database – Part 1/4](#)
- **Vital Substances** appear to be vitamins and supplements (see the end of [Water, emotions, healing devices: detoxing with our unique needs, limits, lungs, and liver](#), to see why I bought the Healy in the first place)
- The **I'ching** can be further explored using the [Gene Keys](#): important teachings to contemplate, on how we embody and can move between the shadow, gift, and siddhi of 64 major life lessons, that have been used to guide (and prevent) the evolution of consciousness. See: [The Great Reset is Internal](#)

## Cell Salts

Aries	5. Kali Phos
Taurus	10. Nat Sulph
Gemini	4. Kali Mur
Cancer	1. Calc Fluor
Leo	7. Mag Phos
Virgo	6. Kali Sulph
Libra	9. Nat Phos
Scorpio	12. Calc Sulph
Sagittarius	11. Silica
Capricorn	2. Calc Phos
Aquarius	8. Nat Mur
Pisces	3. Fer Phos



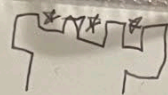




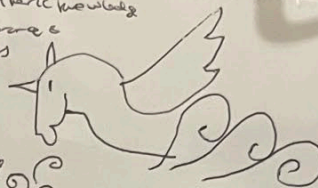
# Unicorn Symbols



Alewife Nightmares  
Remember / Interpret dreams



Education, esoteric knowledge  
Contract (ignores & narrows midwinters (dwork))

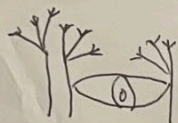


Invisibility Protection (narrow)  
Energizes & Protects (hand)  
the Earth



HULWIN

Alewife's Guilt/Shame  
Brings Innocence / Acceptance

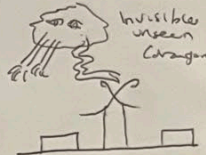


Mastery / Knowledge  
midwint (H) use  
Use of power for  
the benefit of all  
(dragon)



Spark generates heat

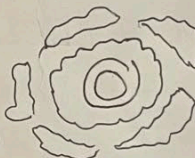
ENERGENTUS



Invisibility  
unseen  
(dragon)



Purifying dirty  
energy to  
clean (midwint)  
(dragon)



Clear the air  
we breathe &  
above  
(wand)



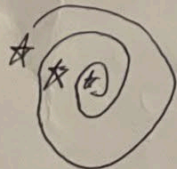
Finishing proper  
housing / renovations



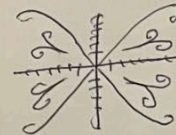
Finishing change  
(wand)



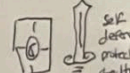
Grounding us  
in our  
natural  
cycle  
(wand)



Purify / Eliminate / Repel Negativity  
Clean Ancestral / Generational Trauma  
(names of ppl in each circle)



(creativity, tolerance  
open mindedness  
innovation  
problem solving (wand))

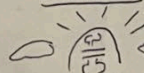


Self defense  
protect  
growth  
(wand)



Exorcises Depression / Grief / Fear / Sadness  
Brings Joy  
Uplifts & Calms Brain / Nervous System

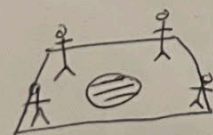
DRAGON



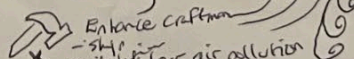
Emotional Support  
in time of crisis  
Stabilize anxiety / distress  
Soothe & calm, hope  
sunrise



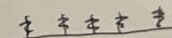
Warm, nurturing,  
healing, physically  
Comforting  
pain relief



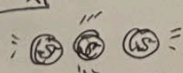
Dispels Rage / Anger / Resentment / Frustration  
Promotes Peace / Patience / Diplomacy



Enhance craftsmanship  
- shift  
manifest clear air pollution  
chemicals  
(wand)



business, career,  
financial, spiritual  
growth



Balance wealth / employment / housing





**JOVIAN ARCHIVE**  
HUMAN DESIGN  
Discover Your Design — Live Your Life

What Is  
HUMAN DESIGN?

Get Your  
FREE CHART

Human Design  
SHOP

Stories and Articles Software Resources Community About Us

RAVE

Refine your search:

All Products

Only Audios

Only Videos

Only eBooks

Only Special Offers

PRODUCTS MATCHING: RAVE



#### A LOOK AT THE RAVE

What did Ra prophesize about the arrival of the Rave? What can we expect in 2027? Join Ra as he explores what these new beings will mean to our world as we have known it.

\$37.00

DETAILS

ADD TO CART



#### THE RAVE

Join Ra in taking a multi-faceted look at the mutations we are currently experiencing. Understand the four stages of mutation of the Solar Plexus Center and how they will eliminate the emotional wave.

\$37.00

DETAILS

ADD TO CART



#### RAVE COSMOLOGY IV: THE 2027 SEMESTER

With the coming of 2027 comes humanity's potential awakening. Join Ra in exploring the changing of the cycle that will affect each of us and shape our future, and the emergence of the conscious Penta.

\$297.00

DETAILS

ADD TO CART



#### THE RAVE NEW YEAR FORECAST 2022

NEW! The Rave New Year Forecast 2022 includes transits by Planet, Center and Gate. Learn to recognize your personal connections to 2022's Design, and how these connections will impact your daily life.

\$37.00

DETAILS

ADD TO CART



#### RA'S GUIDE TO THE RAVE CHART

Is there a quick and easy way to understand the BodyGraph? Ra's Guide to the Rave Chart is a 2-part lecture offering an overview of the fundamentals of BodyGraph mechanics.

\$67.00

DETAILS

ADD TO CART



#### RAVE COSMOLOGY I: BHAN TUGH


The Bhan Tugh explores the cosmological basis of the nature of being. Discover the mythology and mechanics of the Biverse as transmitted by the 'Voice'.

\$297.00

DETAILS

ADD TO CART





You Have A Life Plan

**Client Intake Form**

**Name:**

**Preferred method of contact:**

This intake form is intended for Divine Healing (<https://www.yourlifeplan.ca/divine-healing>) or Esogetic Medicine (<https://www.yourlifeplan.ca/find-your-truth>).

Complete as much or as little as you would like to share with me at this time.

Questions 1 & 2 are data that will give us access to your Human Design (<https://www.yourlifeplan.ca/human-design>), Soul Contract (<https://www.yourlifeplan.ca/soul-contract>), Gene Keys (<https://www.yourlifeplan.ca/gene-keys>), and natal Astrology (<https://www.yourlifeplan.ca/astrology>).

There are additional diagnostic steps if you are interested in Esogetic Medicine.

**Confidential**

1. Full birth certificate name, common name while growing up, current name, and all other names (including language used for pronunciation of each name):
2. Birth date, time, city, and country of birth:
3. Describe your relationship with your **Mother** – now and while growing up:
4. What is your relationship with **your own feminine side (ability to self-care)**?:

Page 1 of 6

HOME Book Time Parent-Child Mental Health Business Relationships Esogetic Medicine RestoreChi More

Are any of these topics of interest to you?

Join my email list to learn more...

Your Name \*

Name

Your Email \*

Email

What topics are you interested in?

☐ Everything

☐ Human Design

☐ Soul Contract

☐ Gene Keys (IChing)

☐ Astrology

☐ Esogetic Medicine

☐ RestoreChi (TCM)

☐ Divine Healing

☐ Information Field (Healy)

☐ Parenting

☐ Working with Kids

☐ Relationships

☐ Operating in Alignment

☐ Group Dynamics

☐ Mental Health

☐ Physical Health

☐ Life Purpose

☐ Elemental Magic

☐ Mudras

☐ MeridianWork

☐ Flower Essences

☐ Generational Patterns

☐ Energy Awareness

Do you like to?

☐ Read

☐ Watch

☐ Listen

☐ Attend in Person (Oakville Ont)

☐ Attend in Person (Burlington Ont)

☐ Attend in Person (Georgetown Ont)

☐ Attend Online

☐ Participate in Online Discussions

Referred by:

Name


their email:

Email

Every so often I will draw a name from those who sign up for my email list (and whomever refers them to me) for a FREE 30min session online with me (\$70 value), which can be upgraded to a 1hr (\$130 value) or 2hr (\$200 value) in person or online session with me, simply by paying the difference in cost (i.e., \$50 to upgrade to 1hr, \$130 to upgrade to 2hrs). Leave this box checked if you want you and the person who referred you to be entered into this draw.

Anything else you would like me to know?

Join Now





## Why do I use so many modalities?

Because each person is represented by each of these views (and more)...



...imagine how much you would miss if you decided to only look through 1 of these views (or none at all)

Most people parent and guide others with no awareness or consideration for their Unique Psychology, Physical, Spiritual, Emotional, Mental, or Energetic make-up.

This is where the problems started in the first place!

Society assumes that we are all the same, and therefore we should be raised, educated, and guided in the same way, with the same expectations for our potential, needs, limits, and development trajectory.

This is simply irresponsible and wrong!

Isn't it about time you understood your Unique Psychology, and that of your children, so you can guide them (and yourself) in the best way?

**The importance of understanding and respecting ours and our children's Unique Psychology and Energetic Makeup!**

Life-view	Level	Log	Emotion
Is	Enlightenment	738 1000	Love/Unity
Perfect	Peace	+ 600	Bliss
Complete	Joy	+ 540	Serenity
Design	Love	+ 500	Reverence
Meaningful	Reason	+ 400	Understanding
Harmonious	Acceptance	+ 350	Forgiveness
Helpful	Willingness	+ 310	Optimism
Satisfactory	Neutrality	+ 250	Trust
Feasible	Courage	+ 200	Aliveness

We are born unique seeds; with unique strengths, needs, and limits; capable of growing into our unique selves; if we are respected and supported.

If we parent using strategies  $>200$  on the Map of Consciousness, our children can continue to feel whole and develop in a healthy manner, but they may not follow the development trajectory expected by mainstream society.

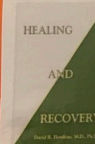
If, on the other hand, we feel pressured to make our kids conform and fit the expectations of mainstream society, and try to force and mold them into the people we want them to be, using strategies <200 on the Map of Consciousness, they are likely to experience mental and physical illness, become labeled with a diagnosis or disorder, and feel unhappy, lost, and unfulfilled in their lives.

**Statistical Proof:**

Level of Consciousness	Rate of Poverty	Happiness Rate "Life is OK"
600+	0.0%	100%
500 - 600	0.0%	98%
400 - 500	0.5%	79%
300 - 400	1.0%	70%
200 - 300	1.5%	66%
100 - 200	22.0%	15%
50 - 100	40.0%	2%
-50	85.0%	0%

*From Truth vs. Falseness by Dr. David R. Hawkins*

**Reference:**



Demanding	Pride	+ 175	Scorn
Antagonistic	Anger	+ 150	Blame
Disappointing	Dislike	+ 125	Crawling
Frightening	Fear	+ 100	Anxiety
Tragic	Grief	+ 75	Regret
Helpless	Apathy	+ 50	Despair
Foul	Guilt	+ 30	Blame
Unacceptable	Shame	20	Humiliation

If the person recognizes what has happened to them and takes the time to rediscover their true selves again, align to their unique strengths, and respect their unique limits, they may be able to heal and find their wholeness and fulfillment again.

## The Yin-Yang of Parenting

Traditionally, kids are like the receptive Yin, trying to develop into their natural selves, heavily impacted by the people around them. Parents are like the ambitious (and scared) Yang, trying their best to make sure their kids develop in the optimal way, using whatever means of force and pressure necessary to make that happen.

This behaviour, I believe, is well-intended, but mostly driven by fear, as the parent has no proof that if they just let their child develop in their own way, their child will be ok (happy, healthy, and successful) when they grow up.

## The Yin-Yang-Yung of Parenting

If parents take the time to look at their child's Unique Psychology and Energetic Make-up, they can see that their child is developing and behaving / reacting perfectly as expected. This allows the parent to relax and stop trying to mold their child out of fear that if they don't their child will suffer later in life.

This then frees up time and energy, for the parent to refocus on their own life trajectory, follow their own destiny, deliver their own gifts, and be of service to the world, in a way that feels satisfying, successful, and fulfilling to them. The Yung.

Parents following their own path, can happen in parallel and compliment, to supporting their kids to follow their own unique path. Yin-Yang-Yung.

