

The 4 + 1 disease principles of Esogetic Medicine

Active Fire

Bodily correspondences

Brain, head, eyes, ears, mouth, teeth, sexuality, bodily substance .

Psychological correspondence

Ego-centeredness, aggression, will, spontaneity, directness.

Disease tendencies

Cephalgias and migraines, loss of hearing and vision capacity, neurasthenia, gallbladder problems, muscles, tendons, sexual function, inflammation in general, fever, bleeding, accidents, injuries.

Pain tendencies

Muscle and tendon pain, pain from inflammation, gallbladder colic, post-traumatic pain, cephalgias.

Active Water

Bodily correspondences

Limbic system, pituitary-hypothalamus, mammary glands and the whole breast, stomach and duodenum, blood serum, lymph, cerebellum, all mucosal membranes .

Psychological correspondence

Romanticism, compassion, pity, comfort, willingness to be open, but also sensitive, drivenness, loss of will, looking for a fight, know-it-all .

Disease tendencies

Diseases of the female organs, edema, glandular diseases, stomach pain from gastralgia to ulcers, also in the duodenum; mood problems, alcoholism, all lymphatic problems (psychological buffer).

Pain tendencies

Stomach pain (gastralgia, ulcer, etc.), pain from tumors, mood disturbances with endocrine-autonomic symptoms (f.e. epigastric spasms), headaches.

Neutral Fire

Bodily correspondences

Heart, circulation, eyes, neocortex, blood, vital force.

Psychological correspondence

Radiance, expression, creativity in the outer, self-confidence, mania, overspending.

Disease tendencies

Heart and circulatory diseases, f.e. angina pectoris, cardiac neurosis, coronary sclerosis, psychosomatic heart problems, inability to concentrate, anorexia nervosa, feeling weak, general blood diseases, esp. red blood cells, scrofula, rickets, eye diseases.

Pain tendencies

Cardiac pain (angina pectoris vasomotorica) , spine in general, pain in the eyes, pain from spinal cord diseases.

Neutral Water

Bodily correspondences

Excretory organs, bladder, rectum, anus, genital organs, penis/vagina, uterus, genital and sexual organs as a whole .

Psychological correspondence

The unconscious spiritual-creative force, surrender, loss, the unconscious, death and related fears .

Disease tendencies

All inflammations in the lower abdomen, bladder, genitals, rectum, possibly from a common cold. Frigidity, impotence, anorexia, prostate swelling, prostate adenoma or cancer, uterine or anal prolapse, cyst formation, furunculosis, adhesions, post-surgical condition .

Pain tendencies

Pain from urinary retention, kidney and bladder pain, adjuvant points in cancer afflictions and pain, post-surgical pain conditions.

Passive Fire

Bodily correspondences

Hip, lumbar spine, thighs, digestive functions in regards to the metabolism, liver-gallbladder, blood.

Psychological correspondence

Horizon, faith, goal-oriented, insight, but also without limit, ostentatious, inertia, gluttony.

Disease tendencies

Hip arthrosis, varicosis, allergies, asthma, diabetes (gluttony). Blood diseases (white cells), liver and gallbladder diseases, obesity, self-poisoning through wrong diet, diabetes, tendency towards stroke.

Pain tendencies

Sciatica, hip and ilio-sacral pain, soft tissue rheumatism, cerebral stress from atherosclerosis.

Passive Water

Bodily correspondences

Pineal, solarplexus, feet and toe joints, unconscious .

Psychological correspondence

Spirituality, mysticism, individualization, intuition, musical bend, parapsychological talents .

Disease tendencies

Febrile diseases, all addictions, complaints of the feet, organ prolapse, paralyzes, poisonings, drawn towards medical and recreational poisons and damage from them, disturbances of consciousness, strange or peculiar states .

Pain tendencies

Pain after poisonings, pain in the feet and toes, rheumatic diseases, pain without clinical findings.

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Active Air

Bodily correspondences

Lungs, bronchi, in- and exhalation, arms, hands, autonomic motor nervous system .

Psychological correspondence

Grasping and understanding, communicating performing, presenting, explaining, restless, without point of view, not self-sufficient .

Disease tendencies

Asthma, difficulty breathing, symptoms of hands and arms, disk problems, esp. C1 and L5/S1, allergies, diseases of the nervous system from nervous strain, speech disturbances, ear pains .

Pain tendencies

Nerve pain (motor), ear pain, pain in hands and fingers, spasm in the chest/lung area.

Active Earth

Bodily correspondences

Smell, tonsils, neck/shoulders, sense of taste, neck, larynx, glands, mouth.

Psychological correspondence

Sensuality, clinging, rootedness, boundaries, property, melancholic.

Disease tendencies

Adipositas, Tonsillitis, Angina, cold disease, constipation, neck spasms, endocrine diseases.

Pain tendencies

Laryngeal and pharyngeal pain, otitis media, tonsillitis.

Neutral Air

Bodily correspondences

Kidneys, bladder, ureter, lumbar spine and surroundings, acid-alkaline balance, blood cleansing .

Psychological correspondence

Looking for love, give and take, often very self-centered, reacts sensitively to psychosomatic imbalance, looks for harmony and emotional balance .

Disease tendencies

Connection of kidney/bladder with the key of the function circle, which is the ear; therefore sudden deafness, tinnitus, kidney dysfunction, urinary retention, bladder inflammation, blood toxicity, problem skin, lumbar pains often without clinical findings .

Pain tendencies

Pain in the pelvis, kidney pain (stones, concretions), bladder pains, stitching ear pain without inflammation, burning and itching of the skin .

Neutral Earth

Bodily correspondences

Large intestine, small intestine, digestion in general, spleen, peritoneum.

Psychological correspondence

Cautious, analytical, critical, selective, extremely intellectual and therefore often extreme problems with emotions. Non specific anxiety.

Disease tendencies

Intestinal ulcers, digestion, intestinal colics, bloating, enteritis, flatulent disposition, ulcerative colitis, insomnia, disturbances of the sleep rhythm due to intellectual overwhelm.

Pain tendencies

Intestinal ulcers (diverticulitis), epigastric syndrome (pain, pressure) with corresponding pain in the segments of the back (f. e. liver/gallbladder or intestinal segments).

Passive Air

Bodily correspondences

Calves (symbol \rightarrow existence), tibia, fibula, ankle joint, ankle bone, heel .

Psychological correspondence

Idealism, adaptability, humanism, not recognizing limits, unreliability, changeable .

Disease tendencies

Hypertonus, concentration difficulties, prostatic hypertrophy, neuroses, systemic diseases, pain in the calves and ankles, pituitary, meninges, spinal cord, somewhat in medulla oblongata and thalamus, nerve problems without clinical findings, spasmodic conditions.

Pain tendencies

Cerebral pains after meningitis, pain from spinal cord diseases, pain after fractures, spasms of the legs and feet, pain from prostatic hypertrophy or post surgery.

Passive Earth

Bodily correspondences

Skeleton, knees, posture, musculoskeletal system in general, shin, skin .

Psychological correspondence

Authoritative, obstinate, contact inhibition, conscientious, tenacious, shy, cautious .

Disease tendencies

Metabolic disturbances, toxin accumulation, mesenchymal debris accumulation, tendency towards stone formation, rheumatism, gout, early signs of aging, diseases of the white blood cells .

Pain tendencies

Bones and joints, pain in rheumatism and gout, pain in organ degeneration, colic pain in stone formation, pain in the tissues.